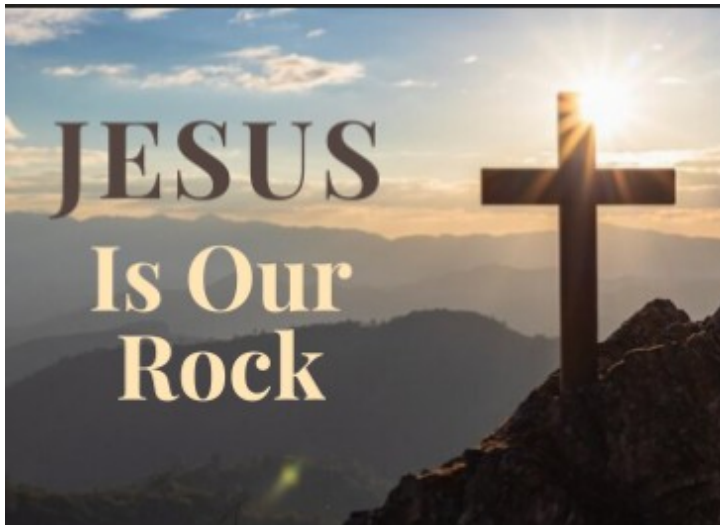


LWML—IOWA EAST DISTRICT NEWS

2024 LWML IED Fall Retreat



*On God rests my salvation and
my glory; my mighty rock,
my refuge is God (Psalm 62:7).*

**A big “THANK YOU” goes to
Lora Duncan and Carole Spiehs
and the women of Eldora Zone
for hosting the LWML IED Fall Retreat
at Camp Io-Dis-E-Ca
on September 13 & 14!**

It was a fun weekend!!!

Attendance on Friday was around 30, with approximately 20 additional on Saturday!

The Servant Event included different types of bookmarks and painted rocks being made for each to take and then be distributed in their own communities.



**Friday night’s campfire
with singing!**

Bible Study was provided by:

- **Pastor Vesey** and was entitled “Waiting is the Hardest Part” based on Psalm 62.
- **Pastor Ellingworth** gave a Bible Study on Holy Cross Day and how Lutherans think of the Holy Cross in contrast to some Christian traditions.

The PRAYER WALK
was inspiring!

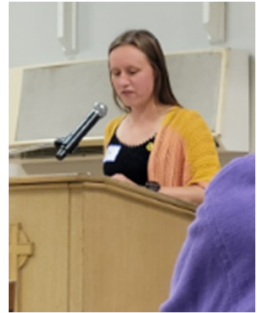


The Eldora Zone counselor, Pastor Wagner, was the worship leader for:

- Opening worship on Friday was Evening Prayer
- Before bed was the Compline service
- Saturday morning was Matins
- Closing service was Vespers

SPEAKERS INCLUDED:

- **Katlin Armbrecht**, LWML IED YWR (Young Women's Rep), described her 2024 Convention experience and encouraged us to involve other young women in LWML.



- **Rev. Nathan Grewe** of Lutheran Family Services spoke about anxiety and the Christian.



- **Pastor Ellingworth** gave information about The Wartburg Walther League and the challenges of college ministry.





We played Hymn Bingo and gave out many prizes. It was a favorite of the weekend!

Ingathering for Camp Io-Dis-E-Ca:

25 rolls paper towels, 25 rolls toilet paper, 10 packages napkins, 24 boxes of tissues, 33 bottles of cleaner, 6 reams of paper, 20 post card stamps, 530 first class stamps, and a monetary amount of \$640

Ingathering for MOST Ministries:

75 pairs of glasses

GIVE A BIG "THANK YOU" TO CAMP!!!

The camp did a great job with the food!!

Friday night was salad bar, goulash and garlic bread.

Saturday breakfast we had quiche.

Saturday lunch included a salad bar, turkey, ham, & cheese croissant.

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Parliamentarian - Judy Westergren

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Gretchen Rasmussen

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World Relief Coordinator -
Dori Stanek

ZONE PRESIDENTS

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Clinton Zone	Patti Christiansen
Davenport Zone	Lois Kundel
Dubuque Zone	Margaret Kistler
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Marshalltown Zone	Tammi Christensen
Mt Pleasant Zone	Becky Ernst
St Ansgar Zone	Betty Borchardt
Waterloo Zone	Kolleen Hosford & Nancy McHone
Westgate Zone	Deaconess Faith Swenson
Williamsburg Zone	Jo Johnson

*Serve
the Lord
with
Gladness,
Amen!*