

LWML—IOWA EAST DISTRICT NEWS

*Be exalted, O LORD,
in your strength!*



*We will sing and praise your
power (Psalm 21:13).*

“GET CONNECTED”

Contact Us! ~ Connect With us! ~ Join Us!

Website: lwml-ied.org

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**Submission Deadline for
Fall Issue of ALIVE is
August 1, 2024**

**Submit articles to:
Annette Raebel, Editor at
editor@lwml-ied.org -or-
araebel@netins.net**

**Asst Editor: Loretta Wuerdeman
G-Suite Admin: Hannah Raebel
Webmaster: Jeanette Kreutner**

UPCOMING EVENTS

- **June 21-22, 2024: IED Convention at
Radisson Hotel, Cedar Rapids**
- **Sept. 13-14, 2024: IED Fall Retreat
at Camp Io-Dis-E-Ca**



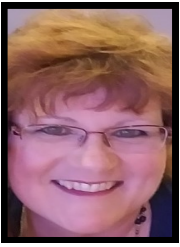
IED President ~ Martha Hartwig

Do you use maps? We used to have a map in the car from every state where we traveled. Before a trip, we would carefully plan our route, sometimes including little side trips along the way. Now we trust the little voice from our phone or car telling us which road to take. Think about that a moment. We get in our car, type in where we want to go, and off we go. As I traveled to zone events this spring, I had no idea where some of the cities were. I still just listened to the voice telling me which road or street to take. In more than one town, I neared the destination only to find roads closed. The program didn't listen to me when I told it I couldn't go that way! I found I needed to turn away from the street I was supposed to take before a new set of directions appeared. It is easy to blindly follow a mechanical voice from the phone or car. Why can't we follow God that way? We know He loves us and wants the best for us. In His word, we read His instructions for keeping us safe and close to Him. We see His promises to never leave or forsake us. Let's listen carefully to His loving instructions. Even if it seems a path is closed, Jesus is the way, the truth, and the life. Trust Him!



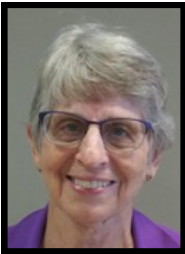
Sr Counselor ~ Rev. Christopher Roepke

What is the power of God? It is easy to equate God's power with the great events of scripture: the plagues upon Egypt, the crossing of the Red Sea, the Cloud by day and Fire by night that led the Israelites, the miracles of Jesus, and of course, Jesus' resurrection. We wonder, when again will we see the power of God? The truth is that every day you experience and use the power of God. Romans 1:16 teaches us, *For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek.* Every day the Christian Church and its members encounter the powerful Word of God. It condemns sin and terrifies all with the punishment of God. It comforts us in the forgiveness of sins purchased and won for all by Jesus' innocent suffering and death upon the cross and His triumphant resurrection. God's power is shown through His Word. LWML promotes this Word through its work of supporting congregations and missionaries that teach and proclaim the Word of God. It's the power of God that reaches out to each and every soul to give life and salvation. May our lips always exalt our Lord Jesus Christ through His word. For it is the Word of great power and praise.



VP of Christian Life ~ Liz Roberts

We have prayer requests for those struggling. I'm sure many of us are struggling with some sort of discomfort that makes us feel weak. We may feel physically weak but sometimes our faith weakens too. We ask God to remove the pain and heal the discomfort. Our answer may be "My grace is sufficient for you. For when you are weak I AM strong." This may cause us to reach out for help, which for some of us is uncomfortable too (I can do this myself syndrome). This shows God's power as others are able to serve us as He has in His plans for them. Through prayer and reading His Word we can exalt God in His strength. We sing and praise His power because His plans are not ours. So I encourage you to join me in lifting our voices not only in prayer for each other, but to sing and praise God for His power. We have the opportunity to do this at our convention in June...where we can "Shout it out and Praise the LORD!" You will have to visit the LWML store at the convention as well!!



VP of Communications ~ Helen Huedepohl

As we serve the Lord with gladness, we depend greatly on our Lord's strength and power. Our LWML IED Webmaster, Jeanette Kruetner, relies on God's guidance and strength as she strives to keep our website up-to-date. Two years ago, we elected her as our VP of Gospel Outreach, but she continues as webmaster. She agrees that having both positions has been taxing. Could you be the woman to manage our website? Do you have God-given interest and ability in computers? You would have flexible hours plus the pay and benefits are out of this world! Daniel Sanchez recently accepted a position with the LCMS Iowa District East which includes technical support for District ministries like LWML IED. You would have his help and support as well as Jeanette's as you learn the ropes. Above all, you would be exalting the Lord as you rely on His strength. Will you pray about this opportunity? If you would like more information about this opportunity and others, please contact vpcommunications@lwml-ied.org. My position will be filled by another woman at our convention in June. I have benefited from being among so many others who are inspired and empowered as we serve the Lord. Thank you for your support and encouragement. I sing and praise His power and strength!



VP of Human Care ~ Angie Banko

This will be my final article for the *Alive* as my term as Vice President of Human Care ends with the election of a new officer at the upcoming convention. It has been my privilege to serve in this role and I thank you for the opportunity to do so. I hope that these articles have in some small way inspired you and given you ideas for serving others around us. We must remember that we are God's hands and feet here on earth and this can be our way of showing Him to others that may not know Him. Let us all continue to "Serve the Lord with Gladness."



VP of Gospel Outreach ~ Jeanette Kreutner

Be Exalted, O Lord, in your strength! We will sing and praise your power (Psalm 21:13).

Our theme verse certainly encapsulates my gratitude for how the ladies of LWML IED came together and funded the needed \$14,000 of Mission Grants! Angie Banko stood up at the February board meeting and reminded us that we were talking about the wrong thing; that we should be talking about how we can meet the goal, rather than the fact that we have six weeks to meet these goals. The tenor of the meeting changed after that. Everyone went home energized and then the miracle occurred. I had also asked you all to pray for a strong finish. You obviously did that as well. We have a great slate of mission grants to vote on for the 2024-2026 Mission Grants. <https://lwml-ied.org/wp-content/uploads/2024/05/Mission-Grant-pages.pdf>. Thanks so much for your continued support of God's work around the world. See you in Cedar Rapids.



Treasurer ~ Becky Gluesing

Be Exalted, O Lord, in your strength! We will sing and praise your power (Psalm 21:13).

Once again, our theme verse is perfect for this edition.

With convention fast approaching, it is obvious attendees will be singing and praising our Lord in marvelous ways. But also, when this group was presented a challenge to fund the remaining mission grants before the end of the biennium, they met that challenge head on. They used this opportunity to praise their Lord and fulfill their mission in a very visible way. Enough funds were raised to fund all of the remaining requested mission grants. Unfortunately, the calendar did not cooperate. Since the last two days of the biennium were a weekend, we were not able to deposit the final donations before the end of the biennium. So while on paper the final grant was funded in the new biennium, in my heart I consider the goal to be met and that all the requested mission grants were funded in the current biennium. SHOUT IT OUT! PRAISE THE LORD!

<u>IED Budget for</u>	<u>4.1.22--3.31.24</u>	<u>Actual IED Budget</u>		<u>1.1.24--3.31.24</u>
Mites-Outreach	\$149,346	1.1.24 Beginning Balance		\$13,368.44
Mites-Inreach	\$14,150			
Mites-Budget	\$163,496	<u>Mite Budget:</u>		
Reimbursable Items	\$52,500	Income		\$23,115.26
<u>IED Total Budget</u>	<u>\$215,996</u>	Expenses-Outreach		\$30,388.40
		Expenses-Inreach		\$ 416.95
<u>Student Aid Budget</u>	<u>4.1.22--3.31.24</u>	Total Mite Expenses		\$30,805.35
Approved	\$30,000			
Dispersed	\$30,000	<u>Reimbursable Items Budget:</u>		
<u>Balance Remaining</u>	<u>\$0</u>	Income		\$ 1,151.50
		Expenses		\$ 1,985.79
<u>Mission Grant Budget</u>	<u>4.1.22--3.31.24</u>	Total Income:		\$24,266.76
Approved	\$81,096	Total Expenses:		\$32,791.14
Dispersed (2022-2024)	\$72,596	<u>3.31.24 Ending Balance</u>		<u>\$ 4,844.06</u>
<u>Balance Remaining</u>	<u>\$8,500</u>			

Remember to give your mites to the Lord!



Financial Secretary ~ Jennifer Determan

This Financial Secretary's Report shows all money deposited from October 1, 2023 through March 31, 2024. This includes mites, Quarterly and Alive payments, memorials and miscellaneous receipts. Some checks may not have arrived in time to be included in the March 31 deposit. If there are any unexplained discrepancies with your records, please let me know at financialsecretary@lwml-ied.org. You may send your checks and remittance slips to:

Jennifer L. Determan
5314 Fjord Drive
Cedar Falls, IA 50613

I will have plenty of remittance form books, mite boxes and my address labels at the convention so please stop by my table and pick some up for your society's treasurer. Thank you for sending in your mites!

LWML Iowa East District October 1, 2023 - March 31, 2024	Total
SOCIETY MEMBERS & CONTRIBUTIONS	
ALDEN, ST PAUL'S LADIES AID	\$399.50
ATKINS, ST STEPHEN'S LADIES SOCIETY	\$715.30
BELLE PLAINE, FIRST LUTHERAN WOMEN IN MISSION	\$343.24
BETTENDORF, OUR SAVIOR LWML	\$86.00
BLAIRSTOWN, GRACE LUTHERAN LADIES AID	\$1,487.65
BUCKEYE, ST PAUL LUTHERAN LADIES AID	\$55.58
BURLINGTON, CONCORDIA MARY/MARTHA GUILD	\$75.21
CEDAR FALLS, COLLEGE HILL EVENING GUILD	\$120.31
CEDAR FALLS, IMMANUEL DORCAS SOCIETY	\$595.73
CEDAR FALLS, OUR REDEEMER MARY MARTHA GUILD	\$100.00
CEDAR RAPIDS, BETHANY WOMEN'S GUILD	\$831.02
CEDAR RAPIDS, KING OF KINGS LWML	\$1,121.33
CEDAR RAPIDS, TRINITY HOME MISSION SOCIETY	\$1,471.89
CHARITON, TRINITY LADIES AID/LWML	\$232.22
CHARLES CITY, NEW HOPE WOMEN IN MISSION	\$29.98
CHARLOTTE, IMMANUEL LUTHERAN LADIES CIRCLES	\$463.88
CLINTON, ST JOHN'S MARY/MARTHA SOCIETY	\$283.13
CLINTON, TRINITY EVENTIDE GUILD	\$388.12
DAVENPORT, HOLY CROSS ALTRUISTIC GUILD	\$101.00
DAVENPORT, IMMANUEL MISSION CLUB	\$1,017.46
DAVENPORT, RISEN CHRIST WOMEN IN MISSION	\$483.58
DAVENPORT, TRINITY LWML	\$2,078.30
DELAWARE, ST PAUL LUTHERAN WOMEN'S SOCIETY	\$564.00

DENVER, ST JOHN LWML	\$538.36
DUBUQUE, OUR REDEEMER CHARITY GUILD	\$501.34
DUBUQUE, WOMEN OF ST PAUL	\$371.66
ELDORA, ST PAUL LADIES AID	\$582.37
ELDRIDGE, PARK VIEW WOMEN REACHING OUT	\$50.00
ELMA, ST PETER LWML	\$428.94
FAIRBANK, ST JOHN DORCAS CIRCLE	\$320.86
FAIRFIELD, IMMANUEL LUTHERAN LADIES CIRCLE	\$521.30
GRAND MOUND, IMMANUEL MARY MARTHA CIRCLE	\$729.85
GRINNELL, IMMANUEL WOMEN'S SOCIETY	\$301.47
GUTTENBERG, TRINITY LADIES AID	\$100.00
HIAWATHA, ZION LWML (HOSANNA & HAPPINESS CIRCLES)	\$928.45
HOMESTEAD, ST JOHN'S LADIES AID	\$625.87
HUBBARD, ST JOHN'S LUTHERAN MISSION CIRCLE	\$577.35
INDEPENDENCE, OUR REDEEMER LWML	\$129.36
IOWA CITY, OUR REDEEMER LWML MISSION GUILD	\$1,139.77
IOWA FALLS, IMMANUEL LUTHERAN LADIES AID	\$178.27
JESUP, GRACE CONCORDIA LADIES AID	\$685.91
KEYSTONE, ST JOHN'S DORCAS GUILD	\$635.96
KNOXVILLE, TRINITY LWML	\$1,200.39
LACONA, ST PAUL LADIES AID	\$119.50
LATIMER, ST PAUL'S LWML	\$412.00
LOWDEN, TRINITY LADIES AID	\$214.09
LUZERNE, LUZERNE LADIES AID/ST PAUL'S LWML	\$267.07
MANCHESTER, WOMEN OF OUR SAVIOR	\$865.90
MARENGO, ST JOHN'S LADIES AID	\$172.00
MARION, ST PAUL'S LWML	\$992.59
MARSHALLTOWN, REDEEMER LWML	\$622.64
MASON CITY, BETHLEHEM LWML	\$659.18
MELCHER-DALLAS, ST JOHN LWML	\$125.88
MONTICELLO, ST JOHN'S FRIENDSHIP CIRCLE	\$457.51
MT PLEASANT, FAITH LWML	\$637.26
MT VERNON, ST PAUL PRISCILLA GUILD	\$307.25
MUSCATINE, OUR SAVIOR LWML	\$550.00
NEWHALL, ST JOHN TABITHA SOCIETY	\$876.43
NEWTON, OUR SAVIOR FAITH SOCIETY	\$491.60
OELWEIN, PEACE SONSHINE MISSION CIRCLE	\$354.94
OSAGE, TRINITY LWML	\$528.07
OSKALOOSA, ST JOHN WOMEN'S GUILD	\$958.49
OTTUMWA, TRINITY LWML	\$110.35
READLYN, ST PAUL'S MARY MARTHA CIRCLE	\$595.10
REINBECK, ST JOHN'S DORCAS	\$506.72

RICEVILLE, ST PETER LWML	\$461.48
ST ANSGAR, IMMANUEL LWML	\$170.76
SHELL ROCK, PEACE LADIES AID	\$7.50
STATE CENTER, TRINITY LADIES AID	\$85.00
SUMNER, ST JOHN'S/ST PAUL'S LADIES SOCIETY	\$155.43
VAN HORNE, ST ANDREW MISSIONARY SOCIETY	\$228.52
VENTURA, REDEEMER DORCAS	\$461.07
VICTOR, ST JAMES LWML LADIES	\$1,336.43
VICTOR, ST JOHN'S LADIES AID	\$1,824.87
WATERLOO, FAITH, WOMEN OF FAITH	\$296.85
WATERLOO, GRACE HANNAH SOCIETY	\$400.00
WAVERLY, ST JOHN DORCAS SOCIETY	\$1,133.00
WAVERLY, ST PAUL ARTESIAN LWML	\$169.50
WELLSBURG, ST JOHN'S LWML	\$300.00
WESTGATE, ST PETER LUTHERAN CHURCH WOMEN	\$101.00
WILLIAMSBURG, ST PAUL WOMEN'S GUILD / BIBLE CLASS	\$1,055.04
WILTON, ZION EVENTIDE SOCIETY	\$779.41
Total of Society Contributions October 1, 2023 - March 31, 2024	<u>\$43,382.34</u>

ZONE RECEIPTS	TOTAL
BENTON	\$0.00
CEDAR RAPIDS	\$0.00
CLINTON	\$82.00
DAVENPORT	\$548.00
DUBUQUE	\$0.00
ELDORA	\$581.62
MARSHALLTOWN	\$247.00
MT PLEASANT	\$220.00
ST ANSGAR	\$0.00
WATERLOO	\$0.00
WESTGATE	\$115.49
WILLIAMSBURG	\$454.37
Total of Zone Contributions October 1, 2023 - March 31, 2024	<u>\$2,248.48</u>

THRIVENT CHOICE DOLLARS	\$322.00
MISC DONORS RECEIPTS (includes Memorials)	\$1,638.00
CHRISTIAN LIFE STORE	\$67.00
TOTAL RECEIPTS October 1, 2023 - March 31, 2024	<u>\$47,657.82</u>

Serve the Lord with Gladness! (Psalm 100:2).

Zone News

Davenport Zone Spring Rally was held Saturday, March 23, 2024 at Immanuel Lutheran. Pastor Ferch, Immanuel, and Pastor Hoft, Park View, spoke on the rally Bible verse John 10:10b. Servant events included: baby fleece blankets/quilts being tied, baby items sorted, & 12 diaper bags filled.



All were delivered to Pregnancy Resources and the Women's Choice Center. There were 37 ladies and 3 pastors in attendance. A total of 1,691 ingathering items of diapers, onesies, blankets/quilts, socks, wipes, & more were donated. An additional \$500 was donated to the IED mite fund to support IED grants & scholarships.



Mt. Pleasant Zone Spring Rally was held at Faith Lutheran, Mt. Pleasant, on Saturday April 20, 2024. An ingathering was collected for the future work in Romania by Rev. Jordan Andreasen and his family. The theme of the rally was: God's House-Then and Now with theme verse Psalm 122:1. There were 21 in attendance. President Becky Ernst invited all to come to the Fall Rally at Our Savior, Muscatine.



Mt. Pleasant Zone Officers (left to right): President Becky Ernst, Vice President Gretchen Rasmussen, Treasurer Barb Jipp, Secretary Angie Banko, and Zone Pastoral Counselor Pastor Brase.

Society News

April was a busy month for **Cedar Falls Immanuel Lutheran Dorcas Society**. In early April we had a pancake breakfast between church services and raised just over \$300 for IED mites. Then at our



m o n t h l y meeting, we assembled 14 hygiene kits and tied 3 quilts that will be sent



to Orphan Grain Train. We have several more quilts to work on and we will have a Quiche & Quilting Event on Saturday, June 15, 2024.

Immanuel Mission Club, Davenport celebrated Pi Day on Sunday, March 10, 2024, during our fellowship time after church. We had approximately 15 pies donated. People stopped by after church and either bought a pie to take home or enjoyed a slice during our fellowship time. We raised \$258.00, and all funds were sent in to support LWML IED scholarships and mission grants. We had our annual Rummage & Bake Sale on April 19-20, 2024 and raised more than \$1,200 to help support our mission projects throughout the year. Then, on Saturday, May 4th, we hosted a Sisters in Heart Celebration to celebrate all mothers, daughters, sisters, aunts, grandmothers, granddaughters, and female friends in our lives with 28 in attendance. The celebration opened with a short devotion and a potluck of salads & cupcakes. Tributes were given by various attendees honoring loved ones. LWML's Tator Family Skit was performed and enjoyed by all.



Shirley Duncan, Dorothy Jones, Karen Schroder, and Beverly Meier (sisters), Sally Haugen (sister-in-law)

DID YOU KNOW . . .

- The first LWML President was Clara Schmitt.
- The first Board of Director's meeting was held at Concordia Publishing House in St Louis MO in October 1942.
- The first *Lutheran Woman's Quarterly* printed 60,000 copies in January 1943.
- The first LWML Convention was Aug. 31st - Sept. 1st, 1943 at Concordia College in Ft Wayne, Indiana.
- The first Motto for LWML was *Serve the Lord with gladness* (Psalms 100:2); and still is today!

ARE YOU READY FOR THE CHALLENGE?

The convention Co-M's are sponsoring the
Mega Megaphone Mite Challenge!!

Churches: This is your opportunity to support IED Mites.

How many times in a day do you

"Shout It Out and Praise the Lord" for something good in your life?

Set aside some change every time you praise and thank God for
blessings He has showered on you!!

LCEF will match mites collected up to \$500!!!

We invite you to designate a few Sundays before the 2024 LWML IED
Convention to sing our convention theme song and collect these
praise mites. Send the collected mites along with the LWML ladies
who attend the convention. It's that simple!

LWML 2024 IED CONVENTION: JUNE 21-22, 2024

THE RADISSON HOTEL – CEDAR RAPIDS, IA

lwml-ied.org for more details.

Carol Meyer, Co chair cmeyer@netins.net

Nancy Maurer, Co-Chair gnmaurer@gmail.com

Societies - Please tally your gifts and bring this sheet with you to convention

Gifts from the Heart

Zone: _____ Society: _____

Lutheran Interparish School - Williamsburg

Monetary donation towards gym renovation. Cash or checks made payable to the school "Lutheran Interparish School"	\$
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Swaddling Clothes INC NFP - St. John Lutheran Church, Marengo

Baby/toddler clothes up to size 7 Diapers, Wipes Blankets Books Cash or checks made payable to "Swaddling Clothes Mission"	\$
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Community Lutheran School - Readyln

Classroom/ Subject:	Needs/Wishes	
Preschool 3	HE laundry detergent for washing naptime mats Plastic salad spinner for art projects All white dry erase board to hang on door for "Three Good Things" sign (approx 12" x 18") Spare boys and girls underwear for accidents (size 3T and 4T) Plastic toy bins (solid color ones that fit the 3-shelf dowel toy shelf) Big jug of bubble solution (preferred Gazillion brand)	
Preschool 4	Bible flannelboard stories or plastic/wooden Bible figurines to play with. We already have both of these for the story of Christ's birth and would love to have some for other Bible stories.	
Kindergarten	Age appropriate toy sets: Noah's ark, The Nativity, Jesus and his disciples. Beginner Bibles.	
1/2	Stamps (for both letters and postcards), white cardstock, small 3-ring binders with clear cover insert.	
3/4	Lined paper (College or Wide ruled), 0.7 led for mechanical pencils, Facial tissues, Kids bulk toy prizes (for Reading logs)	
5/6	Lined paper! :) (College or wide ruled), Compasses to draw circles! Bulletin Board for hallway, Second Whiteboard?	
7/8	Small and large envelopes, dry erase markers and erasers, one inch 3-ring binders with clear cover insert.	
Art	Crayola Markers, Crayola Watercolor paints, glue sticks, glue bottles, pipe cleaners,	
Music	Percussion frame drums, Recorders - instrument	
Office	Reams of copy paper.	
	Monetary donations for storage room remodeling in the gymnasium. Cash or checks made to "Community Lutheran School"	\$

In addition to our physical needs, would you be able to pray for us each day? Pray for wisdom, discernment, and endurance for our teachers. Pray for guidance and strength for our families. Pray for compassion, appreciation, and joy for our congregation members. What a blessing to be surrounded by Christian brothers and sisters who support and pray for us!

DISTRICT OFFICERS AND COUNSELORS

President - Martha Hartwig
president@lwml-ied.org

Pastoral Counselors -
Rev Christopher Roepke - concordiabl1@yahoo.com
Rev Jon Ellingworth - pastorellingworth@gmail.com

VP of Christian Life - Elizabeth Roberts
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VP of Gospel Outreach - Jeanette Kreutner
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VP of Human Care - Angie Banko
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VP of Organizational Resources -
Carolyn Zimmerman
carolyn.zimmerman@live.com

Recording Secretary - Sheryl Zinda
secretary@lwml-ied.org

Treasurer - Becky Gluesing
treasurer@lwml-ied.org

Financial Secretary - Jennifer Determan
financialsecretary@lwml-ied.org

APPOINTED OFFICES

Archivist/Historian - Diane Paulson

Co-Chairs - IED 2024 Convention -
Carol Meyer & Nancy Maurer

Convention Manager - Cheryl Killman

District Registrar - Margaret Kistler

Heart to Heart Coord. - Vacant

Meeting Manager - Bonnie Thompson

Member Development Chairman -
Karen Boehme

**New Church Worker Welcoming
Committee Chair** - Liz Roberts

Parliamentarian - Judy Westergren

Short-Term Mission Coord. -
Gretchen Rasmussen

Speakers Bureau Coordinator -
Linda Allan

Structure Committee Chair -
Carolyn Zimmerman

World Relief Coordinator -
Dori Stanek

ZONE PRESIDENTS

Benton Zone	Vicki Gardemann
Cedar Rapids Zone	Ginny Boyer
Clinton Zone	Patti Christiansen
Davenport Zone	Lois Kundel
Dubuque Zone	Margaret Kistler
Eldora Zone	Joy Reinert
Marshalltown Zone	Tammi Christensen
Mt Pleasant Zone	Becky Ernst
St Ansgar Zone	Betty Borchardt
Waterloo Zone	Kolleen Hosford & Nancy McHone
Westgate Zone	Deaconess Faith Swenson
Williamsburg Zone	Jo Johnson

*Serve the
Lord
with
Gladness,
Amen!*