

LWML—IOWA EAST DISTRICT NEWS



*For I know the plans I have for you,
declares the LORD, plans for welfare
and not for evil, to give you a future
and a hope (Jeremiah 29:11).*

**Submission Deadline for the
Summer Issue of ALIVE is
May 1, 2024**

**Submit articles to:
Annette Raebel, Editor at
editor@lwml-ied.org -or-
araebel@netins.net**

**Asst Editor: Loretta Wuerdeman
G-Suite Admin: Hannah Raebel
Webmaster: Jeanette Kreutner**

UPCOMING EVENTS

- **April 20, 2024** -- LWR pickup in Cedar Rapids & Des Moines
- **May 4, 2024** -- LWR pickup in Decorah IA
- **June 21-22, 2024** ~ IED Convention (Cedar Rapids, IA)
- **September 13-14, 2024** -- IED Fall Retreat at Camp Io-Dis-E-Ca

"GET CONNECTED"

Contact Us! ~ Connect With us! ~ Join Us!

Website: lwml-ied.org

Facebook: LWML Iowa East District

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Mites: financialsecretary@lwml-ied.org

Contacts: vpcommunications@lwml-ied.org

Newsletter: editor@lwml-ied.org

2024 SPRING ZONE RALLY LISTING

<u>Zone</u>	<u>Date</u>	<u>Location</u>	<u>Start/End Times</u>
Benton	April 27	St. Stephen's, Atkins	TBD
Cedar Rapids	April 13	Bethany, Cedar Rapids	8:30 - 11:30 a.m.
Clinton	April 6	Grace, DeWitt	8:30 - 11:30 a.m.
Davenport	March 23	Immanuel, Davenport	8:30 - 11:30 a.m.
Dubuque	April 27	St. John's, Monticello	TBD
Eldora	April 26	St. John, Hubbard	8:30 - Noon
Marshalltown	April 20	Our Savior, Newton	9:00 - 3:00 p.m.
Mt. Pleasant	TBD	TBD	TBD
St. Ansgar	TBD	Bethlehem, Mason City	TBD
Waterloo	February 17	Our Redeemer, Cedar Falls	8:30 - Noon
Westgate	April 6	St. Paul's, Sumner	8:15 - Noon
Williamsburg	April 13	St. Johns, Homestead	8:30 - Noon

President's Corner ~ Martha Hartwig



Have you made plans for a spring break adventure or outdoor event? The weather is hinting of spring and the warm days have been so wonderful! What plans should we make? Have you registered for the 2024 IED Convention yet? Exciting plans are being finalized so we can “Shout it Out! Praise the Lord!” together. Convention information can be found in the special convention issue of ALIVE. It’s Lent. What is your plan to stay close to God through this season? Will you use a special devotion book? Will you read through the events in the Gospels? Will you set aside a special time to read the Bible or to pray? This is a long season. You have a wonderful opportunity to adopt some new study or worship habits during these days. What are your plans to strengthen relationships? Does someone you know need encouragement? Will you focus some prayer time on a friend or family member who is not close to God? Will you talk to them about God’s loving salvation? This is not a time to avoid contact with people. I urge you to make plans to be in the Word. We have much to look forward to. He is risen! Shout it out!

Jr Counselor ~ Rev. Jon Ellingworth



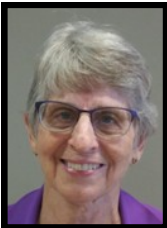
The LORD charged Jeremiah with the unenviable task of calling Judah to repentance, though His judgment upon Judah was a foregone conclusion. Through the reigns of numerous wicked kings, the LORD sent prophets to call His people to repentance, but they continued in their apostasy. The LORD is long-suffering, but He is also righteous and holy; though His wrath is not His proper will towards us, it is His will, nonetheless. Poor Jeremiah, sent to preach repentance to a people who wouldn’t repent until Judah, Jerusalem, and the temple were destroyed and they had been carted away in captivity to Babylon. It’s no wonder Jeremiah is known as “The Weeping Prophet.” To encourage Jeremiah for his task and for what he and Judah must suffer, the LORD gave this promise, *I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope* (Jer. 29:11). Lent is an opportunity for us to consider more intentionally the true nature and seriousness of our sins and repent. We are prodigal sons and daughters who have squandered our Father’s grace and mercy and have wandered far from Him in sinful rebellion. Thanks be to God that He is patient and long-suffering, slow to anger, and abounding in steadfast love. We return to God our Father because He is there waiting for us with open arms to restore us. Though His wrath against our sin is real and just, His proper will towards us is love, mercy, compassion, and forgiveness. Our LORD has plans for us, to give us a future and a hope.



VP of Christian Life ~ Liz Roberts

Have you struggled over making plans? Trying to figure out the best and most exciting adventure, or rally, or other event? We all do this. Recently, I have had to plan a conference for young girls (ages 5-18). Some restless nights ensue as my mind won't shut off. I finally toss and turn enough to know that the only way this is going to work is to give it to God and let Him lay it out for me. *I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope* (Jeremiah 29:11). He sets our plans and if we follow Him then it will all come together with as little strife as possible. God is always there at any time. PRAISE THE LORD!

There are resources on the lwml.org website to aid you in making plans of any kind (an event, Bible Study, or personal devotion). There are many knowledgeable people that have skills and talents that provide resources that you will need to succeed. We are here for each other.



VP of Communications ~ Helen Huedepohl

Our theme verse from Jeremiah 29:11 correlates well with the theme, Equipping Women, of the LWML *Quarterly* Winter 2023 issue. God has plans for you and He equips you to work those plans. His plan may be a surprise to you. But, be assured, He promises to work through you. Does His plan include serving Him in your family, neighborhood, community, facility, church, or LWML? The answer is YES to one, two, or maybe all of the above. Our LWML IED Convention on June 21-22 will provide opportunities for praise, fellowship, enrichment, and entertainment. But wait! There's more! The convention may enlighten you regarding God's plan for you and how He could equip you. Will we see you at the Radisson in Cedar Rapids in just a few months? If you are unable to attend the full convention, maybe you can join us for the Worship Service at 1 p.m. Friday afternoon.

Serve the Lord with Gladness!
(Psalm 100:2).



VP of Human Care ~ Angie Banko

In my last article for the *Alive* I shared the concept of the reverse advent calendar where you give something each day instead of getting something. As I write this article we are just about to enter the season of Lent. Some of you may practice the custom of “giving up” something you enjoy. Usually these are things that you enjoy like chocolate, soda, or another favorite activity. We choose these things as not having them will hurt a little bit and seem like a sacrifice to us. How about turning it around and “take up” something that will help us. Maybe your Bible reading or devotional life has gotten lax. Maybe the physical exercise that you once did has taken a back seat to other activities. Maybe your attendance at LWML activities has fallen off. Maybe your prayer life is lacking. Use this time to “take up” that thing that you have slacked off on. Use this season as a reason to sacrifice some personal time to get back on track with that thing you have lost touch with. You know you will be better for it.

Lutheran World Relief pickup will be **April 20, 2024** in Cedar Rapids and also Des Moines from **8:30 a.m. until 11:00 a.m.** However, in Decorah, it will be **May 4, 2024** from **7:30 a.m. until 10:30 a.m.** If you have any further questions, please call Dori Stanek at 319-558-9773.



VP of Gospel Outreach ~ Jeanette Kreutner

By funding mission grants, God allows us to participate in His mission. I just sent the final mission grant payment for Valley Lutheran High School: Internet Infrastructure Improvement. By funding this mission grant, we help Christian educators more effectively prepare young people for God’s service. We have met 80% of the mission grant goals and at this moment have paid all requests for funds. Praise the Lord! Please pray for a strong finish for this biennium. Mission grant information that can be placed in your bulletin or newsletter are available at: <https://lwml-ied.org/ied-mission-grant-resources/>. We will also be posting information about what mission grants will be on the ballot in June at the IED Convention for the next biennium. Watch for more information soon. Thanks so much for your continued support of God’s work around the world.



Treasurer ~ Becky Gluesing

Our theme verse for this issue of the *Alive* magazine is one that gives me great comfort. Which may seem a little strange for someone who confesses to be somewhat of a control freak. From my days as a nurse in the operating room, I learned the value of planning and organization. The more things I could control, the smoother things would go. So normally, those tendencies spilled over into my personal life. But then I dug into the verse a little deeper and realized what I choose to control are superficial details. When it comes to real life issues, I'm more than willing to "let go and let God." To the extent that, years ago when applying for a director's position at work, I told my Director of Nursing that the decision on my hire wasn't exactly hers alone. That God would decide what was best for me and the department and lead her to the right decision. Not sure if that entered into her decision to not give me the job but I firmly believe that God did what was best for me. The second half of the verse is even more comforting. How can you argue when God's plans are for our welfare and to prevent evil? That doesn't mean we will never face difficulties, instead there is a reason for the difficulty and God will always work it to our benefit. So, I'll finish with my previous statement – "Let go and let God."

<u>IED Budget for</u>	<u>4.1.22—3.31.24</u>
Mites-Outreach	\$149,346
Mites-Inreach	\$14,150
Mites-Budget	\$163,496
Reimbursable Items	\$52,500
<u>IED Total Budget</u>	<u>\$215,996</u>

<u>Student Aid Budget</u>	<u>4.1.22-3.31.24</u>
Approved	\$30,000
Dispersed	\$30,000
<u>Balance Remaining</u>	<u>\$0</u>

<u>Mission Grant Budget</u>	<u>4.1.22-3.31.24</u>
Approved	\$81,096
Dispersed (2022-2024)	\$56,069
<u>Balance Remaining</u>	<u>\$25,027</u>

<u>Actual IED Budget</u>	<u>10.1.23—12.31.23</u>
10.1.23 Beginning Balance	\$1,845.65

<u>Mite Budget:</u>	
Income	\$27,724.71
Expenses-Outreach	\$15,286.64
Expenses-Inreach	\$107.00
Total Mite Expenses	\$15,393.64

<u>Reimbursable Items Budget:</u>	
Income	\$1,379.50
Expenses	\$2,187.78

Total Income:	\$29,104.21
Total Expenses:	\$17,581.42
<u>12.31.23 Ending Balance</u>	<u>\$13,368.44</u>

Remember to give your mites to the Lord!

Financial Secretary ~ Jennifer Determan



The report below shows all memorials and special gifts from July 1, 2023 to December 31, 2023. Memorials and special gifts donations go towards mites unless otherwise specified by the donor. Society Treasurers, if you need remittance blank books, mite boxes or my address labels, please let me know. Funds should be sent to me in the form of a check or money order and made payable to: LWML Iowa East District or

LWML IED. Send your checks to: Jennifer Determan
5314 Fjord Drive
Cedar Falls, IA 50613

Thank you for sending in your memorials and special gift donations.

LWML IOWA EAST DISTRICT MEMORIAL RECORD July 1, 2023 to December 31, 2023

IN MEMORY OF

DONOR

Karen Schaub	Cedar Rapids, Bethany Women's Guild
Donald Dybevik	Elma, St. Peter LWML
Melvin Schultz	Hubbard, St. John's Mission Circle
Alice Schomburg.....	Latimer, St. Paul's LWML
John Lehmann.....	Manchester, Ladies of Our Savior
Karen Schaub	Mount Pleasant, Faith Lutheran LWML
Karen Schaub	Paulette Shappell, Mount Pleasant
Bernice Foulk	Cedar Falls, Immanuel Dorcas Society
Betty Fink.....	Evonne Plagge, Latimer
Doris Kruckenberg	Stanwood, Home Mission Circle
Ethel Baker	Stanwood, Home Mission Circle
Karen Schaub	Stanwood, Home Mission Circle
Linda Gomez	Elizabeth Roberts, Deep River
Linda Gomez.....	Victor, St. James LWML
Mardell Johnson.....	Belle Plaine, Lutheran Women in Mission
Sharon Appel	Eldora, St. Paul Ladies Aid
Gary Knox	Eldora, St. Paul Ladies Aid
Chris Balvanz	Eldora, St. Paul Ladies Aid
Ruth Butler	Eldora, St. Paul Ladies Aid
Junice Munson	Eldora, St. Paul Ladies Aid

Carol Banner	Iowa Falls, Immanuel Ladies Aid
Rick Silvest	Iowa Falls, Immanuel Ladies Aid
Mardell Johnson	Barbara Garling, Belle Plaine
Mardell Johnson	Elaine Haren, Belle Plaine
Mardell Johnson	Frances Magdefrau, Belle Plaine
Karen Schaub	Frances Magdefrau, Belle Plaine
Karen Schaub	Elaine Haren, Belle Plaine
Gerry Barnard	Deloris Clayton, Marshalltown
Bernice Foulk	Cedar Falls, Immanuel Dorcas Society
Marie Schultz	Victor, St. Johns Ladies Aid
Marie Schultz	Janis Hinrichs, Marengo
Marie Schultz	Sharon Akers, Hampton
Helen Jahnke	Iowa City, Our Redeemer LWML
Steven Nolte	Waverly, St. Johns Missionary League
Edna Stangland	Williamsburg, St. Paul Women's Guild
Doris Knueppel	Sharon Akers, Hampton
Doris Knueppel	Linda Berghoefer, Ames
Dixie L. Neuhaus	Paula Coulthard, Parkersburg
Mary Cleveland	Alden, St. Pauls LWML
Victor Jase	Alden, St. Pauls LWML
Janice Granner.....	Eldora, St. Paul Ladies Aid
Doris Balvanz	Eldora, St. Paul Ladies Aid
Roger Krull	Eldora, St. Paul Ladies Aid
Ron Baumann	Iowa Falls, Immanuel Ladies Aid
Dennis Kappel	Iowa Falls, Immanuel Ladies Aid
Frank Harold	Latimer, St. Pauls LWML
Lavonne Sanderfeld.....	Williamsburg, St. Paul Women's Guild
Arlene Troester	Ames, Linda Berghoefer
Arlene Troester	Sharon Akers, Hampton
Lavonne Sanderfeld	Janis Hinrichs, Marengo
Grace Schumacher	Janis Hinrichs, Marengo
Lavonne Sanderfeld	Helen Huedepohl, Williamsburg

SPECIAL OCCASIONS REMEMBERED

SPECIAL OCCASION

DONOR

Baptism of Anna Kathrin Sorenson	Heidi Iltis, Davenport
Christmas Cheer	Newhall, St. John Tabitha Society

TOTAL MEMORIAL/SPECIAL OCCASION MONEY RECEIVED: \$1,625.00



The Convention Co-M's are sponsoring the **Mega Megaphone Mite Challenge!** This will be a way to challenge your congregations to support IED Mites. How many times in a day do you "Shout It Out and Praise the Lord" for something good in your life? Set aside some change. **CHURCHES:** Collect that change and send it along with LWML ladies who are attending the convention! It's that simple! Watch for more details.

Our dear friend, ALICE HOFFMEIER . . .




Alice Hoffmeier went peacefully to sleep and received her crown of glory! She was a dear LWML supporter and led the music on many LWML convention bus trips. Alice was the LWML Cedar Rapids Zone President from 2004-2006. She supported Camp Io-Dis-E-Ca through mites as she prepared to ride her bike in RAGBRAI. Alice will be missed, but she's exactly where she always talked about where she will be someday and happy to be there with our Lord.

Trinity Lutheran Church and School in Cedar Rapids sit on opposite sides of 7th Avenue S.W. It is a very short (one block) and safe street that children and adults go back and forth from church to school and school to church. Our congregation is always seeking ways to bridge the gap with programs and activities. Last fall the coaches of the fifth and sixth and seventh and eighth grade volleyball teams challenged their girls to collect Mites to benefit local, national, and worldwide missions. The 5th and 6th grade



team collected \$39. The 7th and 8th graders collected \$118, winning the challenge! The money was delivered in two heavy shoe boxes to the Trinity Home Missionary Society/LWML and then was forwarded to IED Mites. We are grateful to coaches Connie Powell and Patty Fitzgerald for the Mites collected and for instilling in these young ladies the joy of serving the Lord with gladness. -- Submitted by Mary Becker

2024 LWML IED Convention Update!!

- Are you ready to “Shout It Out!” and “Praise the Lord!” with your LWML sisters at convention this summer? Here is a convention update:
- Do you have someone who you would like to memorialize? Be sure to get their name, along with a 4x6 photo, and a line or 2 about their LWML service. Please include who has given the memorial. Due date for these Praise Light Memorial recognitions is **April 30, 2024**. Include a \$20 donation to LWML Iowa East District Mites. Send everything to Annie Axmear, 10118 225th St., North English, IA 52316
- Check out the Invitation to Convention issue of The ALIVE at lwml-ied.org. Due date for registration is **May 1, 2024**. Late fees will be charged after that, and if you register after May 15, 2024, you will not be guaranteed meals. The link to reserve your hotel room at The Radisson is also included in that packet. There are 3 other nearby hotels listed also.
- If you want to sing in the choir at Opening Worship, check alto or soprano on the registration form. Music will be emailed to you at the e-mail address you provided.
- Offering #1 is designated to IED Mites, while offering #2 is designated to Iowa County Food Bank.
- Gifts From the Heart will be given to:
 1. Community Lutheran School, Readlyn: Please see the article in this issue of The ALIVE for a specific list of items to bring and donate.
 2. Lutheran Interparish School, Williamsburg: They are asking for CASH DONATIONS because they are raising money to redo the gym floor and make gym renovations.
 3.  Swaddling Clothes, St. John’s Lutheran Church, Marengo: They provide items for children in need. This includes clothing, premature-size 7, baby toys, lots of diapers and wipes, all baby supplies, books, blankets, toys, and anything this age group needs. They also accept cash donations. Check out their website at marengo@swaddlingclothes.org
- Please, please invite your pastors to attend the Pastor’s Luncheon on Friday and stay to participate and be part of the Opening Worship. Thanks to a generous donor, lunch is being provided to pastors at no cost. Again, **NO COST** to pastors for this. Of course, if they want to stay and be part of our convention, they are most welcome! They would need to fill out a registration form and pay for meals and registration.
- Jean Hilbert, our convention pianist, has written 2 songs especially for our convention. They are beautiful creations that Praise the Lord through music!!

Carol Meyer – cmeyer@netins.net

Nancy Maurer – gnmaurer@gmail.com

Societies - Please tally your gifts and bring this sheet with you to convention

Gifts from the Heart

Zone: _____ Society: _____

Lutheran Interparish School - Williamsburg

Monetary donation towards gym renovation. Cash or checks made payable to the school "Lutheran Interparish School"	\$
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Swaddling Clothes INC NFP - St. John Lutheran Church, Marengo

Baby/toddler clothes up to size 7 Diapers, Wipes Blankets Books Cash or checks made payable to "Swaddling Clothes Mission"	\$
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Community Lutheran School - Readyln

Classroom/ Subject:	Needs/Wishes	
Preschool 3	HE laundry detergent for washing naptime mats Plastic salad spinner for art projects All white dry erase board to hang on door for "Three Good Things" sign (approx 12" x 18") Spare boys and girls underwear for accidents (size 3T and 4T) Plastic toy bins (solid color ones that fit the 3-shelf dowel toy shelf) Big jug of bubble solution (preferred Gazillion brand)	
Preschool 4	Bible flannelboard stories or plastic/wooden Bible figurines to play with. We already have both of these for the story of Christ's birth and would love to have some for other Bible stories.	
Kindergarten	Age appropriate toy sets: Noah's ark, The Nativity, Jesus and his disciples. Beginner Bibles.	
1/2	Stamps (for both letters and postcards), white cardstock, small 3-ring binders with clear cover insert.	
3/4	Lined paper (College or Wide ruled), 0.7 led for mechanical pencils, Facial tissues, Kids bulk toy prizes (for Reading logs)	
5/6	Lined paper! :) (College or wide ruled), Compasses to draw circles! Bulletin Board for hallway, Second Whiteboard?	
7/8	Small and large envelopes, dry erase markers and erasers, one inch 3-ring binders with clear cover insert.	
Art	Crayola Markers, Crayola Watercolor paints, glue sticks, glue bottles, pipe cleaners,	
Music	Percussion frame drums, Recorders - instrument	
Office	Reams of copy paper.	
	Monetary donations for storage room remodeling in the gymnasium. Cash or checks made to "Community Lutheran School"	\$

In addition to our physical needs, would you be able to pray for us each day? Pray for wisdom, discernment, and endurance for our teachers. Pray for guidance and strength for our families. Pray for compassion, appreciation, and joy for our congregation members. What a blessing to be surrounded by Christian brothers and sisters who support and pray for us!

IOWA EAST DISTRICT LWML NEWS

The ALIVE is published quarterly for the Lutheran Women's Missionary League (LWML) — Iowa East District — through Publisher and is available via email, Facebook, or LWML IED Website. Please contact the District Registrar to receive it by email.

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APPOINTED OFFICES

Archivist/Historian - Diane Paulson

Co-Chairs - IED 2024 Convention -

Carol Meyer & Nancy Maurer

Convention Manager - Cheryl Killman

District Registrar - Margaret Kistler

Heart to Heart Coord. - Vacant

Meeting Manager - Bonnie Thompson

Member Development Chairman -

Karen Boehme

New Church Worker Welcoming

Committee Chair - Liz Roberts

Parliamentarian - Judy Westergren

Short-Term Mission Coord. - Gretchen

Rasmussen

Speakers Bureau Coordinator -

Linda Allen

Structure Committee Chair -

Carolyn Zimmerman

World Relief Coordinator -

Dori Stanek

ZONE PRESIDENTS

Benton Zone

Vicki Gardemann

Cedar Rapids Zone

Ginny Boyer

Clinton Zone

Patti Christiansen

Davenport Zone

Lois Kundel

Dubuque Zone

Margaret Kistler

Eldora Zone

Joy Reinert

Marshalltown Zone

Tammi Christensen

Mt Pleasant Zone

Becky Ernst

St Ansgar Zone

Betty Borchardt

Waterloo Zone

Kolleen Hosford

& Nancy McHone

Westgate Zone

Dea. Faith Swenson

Williamsburg Zone

Jo Johnson

*Serve the
Lord
with
Gladness,
Amen!*