



ALIVE

Volume 74 Issue 5

Fall 2023

LWML—IOWA EAST DISTRICT NEWS



*Humble yourselves before the Lord,
and He will exalt you (James 4:10).*

**Submission Deadline for the
Winter Issue of ALIVE is
November 10, 2023**

**Submit articles to:
Annette Raebel, Editor at
editor@lwml-ied.org -or-
araebel@netins.net**

**Asst Editor: Loretta Wuerdeman
G-Suite Admin: Hannah Raebel
Webmaster: Jeanette Kreutner**

UPCOMING EVENTS

- September 8-9, 2023 ~ IED Fall Retreat (Camp Io-Dis-E-Ca)
- October 21, 2023 ~ LWR Pickup at Cedar Rapids & Des Moines
- November 4, 2023 ~ LWR Pickup at Decorah, IA
- June 21-22, 2024 ~ IED Convention (Cedar Rapids, IA)

“GET CONNECTED”

Contact Us! ~ Connect With us! ~ Join Us!

Website: lwml-ied.org

Facebook: LWML Iowa East District

President: president@lwml-ied.org

Mites: financialsecretary@lwml-ied.org

Contacts: vpcommunications@lwml-ied.org

Newsletter: editor@lwml-ied.org

Have any questions...contact any of us!!!

DID YOU KNOW... There are four LWML history books:

1967 – *Women on a Mission* by Ruth Fritz Meyer (1967)

1991 – *Women IN God’s Service (WINGS)* by Marlys Taege (Moberg) (1991)

2005 – *Women in League With the Lord* by Marlys Taege (Moberg) (2005)

2019 – *Dedicated! Lutheran Women Grounded in the Word; Growing in God’s Mission* by Carolyn Blum (with Deaconess Betty Knapp) (2019)

President's Corner ~ Martha Hartwig



At every LWML Convention, the procession of flags represent countries where LWML mites have been sent. It was amazing to see eighty-two countries represented this summer! Think for a moment about the mites you and others contribute to share God's love and His message of salvation. Imagine people in Africa who now have wells and roofs for their worship space or the faces of those torn apart by tragedy find help by petting or hugging a comfort dog. What must it feel like for women who were tossed onto the street as worthless to find a place to heal, learn of God's gracious gift of salvation, and be trained in skills so they can support themselves? People around the world have received the gift of the Bible in their own language, in braille, or on recordings. The list goes on with many ways people around the world and in the USA have benefited through LWML grants. We humble ourselves by quietly donating our dollars and by sharing God's work through these grants. We hold up missionaries, teachers, leaders, and activities in prayer. Our gracious God multiplies and blesses these gifts. May we never forget how our actions, both big and small, show who we follow. To God be the glory!

Jr Counselor ~ Rev. Jon Ellingworth



I spent a lot of time in Milwaukee this summer attending the LWML Convention in June (Pastoral Counselor) and the LCMS National Convention in July (Voting Pastoral Delegate). I have to say that there was a significant difference between the two events. The LWML Convention was largely celebratory as we heard from missionaries and mission organizations supported by LWML and as we voted on mission funds for the next biennium. The LCMS Convention had its moments of celebration, particularly as we declared fellowship with five international Lutheran church bodies, but there was also a considerable amount of heated debate and even dissension as we discussed and voted upon extremely complex matters of policy and practice in the synod. I felt humbled to be one of approximately 1,200 delegates casting votes on such issues. The LCMS is capable of wonderful works of charity and faithful confession, even as it struggles through difficult waters, by the light of God's Word and prayer. May the LORD continue to bless us with His grace and make us a blessing to the world.

VP of Christian Life ~ Liz Roberts



Humble yourselves before the Lord and He will exalt you
(James 4:10).

How humbling it is when a child rebukes you for doing what you have told them not to do. You apologize, because you know that you are the example. Grace is extended. Restored to your place, they hold you. Forgiven and lifted up, just as God does. So each time you go to open your mouth, you pause to make sure it's God pleasing, builds others up, and gives praise.

There is a devotion on the LWML website (lwml.org) that is a great way to start the children off to school, called "Back to School". It is also a great reminder to all of us, as a child of God, of His presence and love. Enjoy the website as it is full of information, helps, and activities.

VP of Communications ~ Helen Huedepohl



"It's hard to be humble when you're perfect in every way." As you read that song title, does the tune run through you head? It popped into my mind when I read our theme verse, *Humble yourselves before the Lord* (James 4:10a). Better than a country song is this quote from Calvin Miller, "We gain true humility...by standing next to Christ." If we are honest with ourselves, there are plenty of times when God

or circumstances humble us. Thank God for His unconditional love and forgiveness! If you are reading this, you obviously received the Fall Alive in some way. As always, change involves challenges. Switching to self-publishing and electronic distribution has not been without its humbling moments, but kudos to our Editor Annette who has already spent hours experimenting, learning, editing, and delivering each issue to a contact within each society and then submits it to Webmaster Jeanette to post on lwml-ied.org. Annette's goal is to send the *Alive* out around the first of March, June, September, and December, so you will receive it in the first week of those months. Two special issues were produced in July. One shared the IED Retreat information and another was full of pictures of IED members at the LWML Convention in Milwaukee. If you have suggestions or helps for the distribution of the *Alive*, please feel free to contact either Helen (vpcommunications@lwml-ied.org) or Editor Annette (editor@lwml-ied.org). Also, if your contact information changes, please let us know!

VP of Human Care ~ Angie Banko



As I sit to write this article it is approximately one week until most teachers in Iowa will report back to their schools. Because I am a teacher, I know a lot of teachers. As a group, they are some of the most humble people that I have ever met. They go to school each and every day and teach their students to the best of their abilities. They make do with the supplies they have which

may not be everything they need. They very often pay for things from their own pockets. If you are looking for a way to help teachers and educators at all levels and all types of schools, see if there are things they can use in their classrooms, provide gift cards or cash, or offer to provide them something they need later in the year. I can assure you that they will be most grateful and appreciative.



VP of Gospel Outreach ~ Jeanette



I accompanied Janet Smith and Diane Torrey on the Mission Walk in Milwaukee, when a New Jersey LWML'er said to me, "I think someone from your district lost this badge". She was on the look-out for someone from Iowa East. I posted a picture of the badge on the



Whoova App. It belonged to Wilma Licht of the Clinton Zone. Even more significantly, it had belonged to Luella Scott, who served as the LWML IED Historian for many years. Luella is no longer able to attend national Conventions, so she gave it to Wilma. Luella is special to me and she was my prayer partner on the IED Board. This was a badge with history and meaning. Why does this matter? This to me is a small but important reminder of how much God cares for each of us. It's just a badge, but it meant a lot to Wilma and Luella. It was meaningful that God used the finder and me to reunite the badge with its rightful owner. *Humble yourselves before the Lord, and He will exalt you* (James 4:10). Small things can make a big difference in God's economy; like your prayers and your mites. I encourage you to keep doing the humble things.

Treasurer ~ Becky Gluesing



Since I have somehow deleted the theme verse for this issue and am pushing the deadline, I'd like to share some random thoughts on a warm summer day. The first thought that popped into my head is what an awesome God we have!! We are enjoying the bounties of this growing season and all the fresh produce we have available to us. Some of the garden has done really well while a couple of items, not so well. But even if we can't get it from our own gardens, there are always the local farmers markets to supplement our own produce. God is good!! He has blessed the LWML IED in so many ways. I don't want to try to list them because one I would forget something and two the list would be too long. Suffice it to say we have much to be thankful for.

<u>IED Budget for</u>	<u>4.1.22—3.31.24</u>	<u>Actual IED Budget</u>	<u>4.1.23—6.30.23</u>
Mites-Outreach	\$149,346	4.1.23 Beginning Balance	\$10,555.31
Mites-Inreach	\$14,150		
Mites-Budget	\$163,496	<u>Mite Budget:</u>	
Reimbursable Items	\$52,500	Income	\$11,254.62
<u>IED Total Budget</u>	<u>\$215,996</u>		
<u>Student Aid Budget</u>	<u>4.1.22-3.31.24</u>	Expenses-Outreach	\$9,457.59
Approved	\$30,000	<u>Expenses-Inreach</u>	<u>\$2,116.49</u>
Dispersed	\$15,000	Total Mite Expenses	\$11,574.08
<u>Balance Remaining</u>	<u>\$15,000</u>	<u>Reimbursable Items Budget:</u>	
<u>Mission Grant Budget</u>	<u>4.1.22-3.31.24</u>	Income	\$4,226.50
Approved	\$81,096	Expenses	\$9,177.55
Dispersed (2022-2024)	\$42,296	Total Income:	\$15,481.12
<u>Balance Remaining</u>	<u>\$38,800</u>	<u>Total Expenses:</u>	<u>\$20,751.63</u>
		<u>6.30.23 Ending Balance</u>	<u>\$5,284.80</u>

Remember to give your mites to the Lord!



Financial Secretary ~ Jennifer Determan

The report below shows all memorials and special gifts from January 1, 2023 to June 30, 2023. Memorials and special gifts donations go towards mites unless otherwise specified by the donor.

Society Treasurers: If you need remittance blank books, mite boxes or my address labels, please let me know. Funds should be sent to me in the form of a check or money order

and made payable to: LWML Iowa East District or LWML IED

Send your checks to: Jennifer Determan

5314 Fjord Drive
Cedar Falls, IA 50613

Thank you for sending in your memorials and special gift donations.

LWML IOWA EAST DISTRICT MEMORIAL RECORD

January 1, 2023 to June 30, 2023

IN MEMORY OF

DONOR

Betty Hein.....	Cedar Rapids, Bethany Women's Guild
Joyce Schomburg	Hampton, Trinity Ladies Society
Richard Miller.....	Hampton, Trinity Ladies Society
Kate Thompson.....	Jeanne Duffy, Newhall
Marilyn Schrum.....	Cedar Falls, Immanuel Dorcas Society
Lois Rugger.....	Homestead, St. Johns Ladies Aid
Newell Arp	Joan Heitman, Sioux Falls
Patty Ferreira	Elizabeth Roberts, Deep River
Maxine Hinck.....	Sheryl Zinda, DeWitt
Barb Levsen	Sheryl Zinda, DeWitt
Former IED President, Norma (DeBour) Casperson ..	Evonne Plagge, Latimer
Norma Casperson	Latimer, St. Pauls LWML
Unknown	Davenport, Trinity Women in Mission
Audrey Fleener.....	Iowa Falls, Immanuel Ladies Aid
Norma Casperson.....	Linda Allan, Latimer
Evelyn Rodemeyer	Linda Allan, Latimer
Marlene Sandersfeld	Linda Allan, Latimer
Marlene Sandersfeld.....	Latimer, St. Paul LWML
Carla Harder	Manchester, Women of Our Savior
Chuck Akers	Sharon Akers, Hampton
Evelyn Rodemeyer	Evonne Plagge, Latimer
Marlene Sandersfeld	Evonne Plagge, Latimer
Tom Kuempel	Guttenberg, Trinity Ladies Aid

Evelyn Rodemeyer.....	Latimer, St. Paul's LWML
Sandy & Art Duncan	Deloris Clayton, Marshalltown
Patty Ferreine	Victor, St. John's Ladies Aid
Jeff Slaymaker	Williamsburg, St. Paul Women's Guild
Newell Arip	Williamsburg, St. Paul Women's Guild
Beverly Kuddes	Williamsburg, St. Paul Women's Guild
Murray Evans	Williamsburg, St. Paul Women's Guild
Betty McVay	Stanwood, St. Paul Home Mission Circle
Lorraine Taylor	Stanwood, St. Paul Home Mission Circle
Cathie Gordon	Independence, Our Redeemer LWML
Olga Will	Iowa City, Our Redeemer
Mike Aldinger	Iowa Falls, Immanuel Ladies Aid
Maynard Woellert	Manchester, Women of our Savior
Evelyn Peska	Marengo, St. John's Ladies Aid
Donna Hoins	Waverly, St. Paul Artesian LWML
Shirley Heine	Waverly, St. Paul Artesian LWML

SPECIAL OCCASIONS REMEMBERED

SPECIAL OCCASION

DONOR

Baptism of Carissa Mol.....	Heidi Iltis, Davenport
Baptism of Judah Brazeal	Heidi Iltis, Davenport
In honor of IED LWML Board of Directors	Sharon Akers, Hampton

TOTAL MEMORIAL/SPECIAL OCCASION MONEY RECEIVED: \$1,027.00

2023 LWML Convention Offering Report (Updates):

Convention Offering #1: LWML Mission Goal 2023—2025 = \$60,617.42

Convention Offering #2: We Are Called to Care in Plano, IL = \$38,083.20

Convention Offering #3: Wolf River Lutheran High School, Shawano, WI = \$40,843.82

Convention Offering #4: Milwaukee Area Crisis Pregnancy Centers – Concordia Gospel Outreach = \$29,519.46

Mission Pledge Walk (all pledges received both online and in-person) = \$121,333.02

Seventh Biennial Tee Up 4 Mites Charity Golf Outing (all gross proceeds) = \$49,254.00

GRAND TOTAL OF ALL OFFERINGS AND PLEDGES = \$339,650.92

Additional Items

The **Ingathering at the Board of Directors meeting** on 8.12.23 was for Williamsburg Zone's Lutheran Interparish School (L.I.S.) and St. John, Victor's Wednesday School. They would like to thank you for the following abundance of gifts: 12 packages of notebook paper, 54 folders, 21 boxes of crayons, 1 package of construction paper, 31 glue sticks or bottles, 1 pencil box, 20 erasers, 8 scissors, 17 rulers, 50 pencils, 5 packages of colored pencils, 1 package of dry erase markers, 7 tissue boxes, 1 package of bath tissues, 8 paper towel rolls, and \$70 in cash. The items were divided between the 2 schools. For those who may not know, Liz Roberts is director of the Wednesday Preschool and has shared God's love and salvation with hundreds of children through the years. To God be the Glory!



It was in 1999, that Judy Westergren was the Iowa East District President and the Iowa East District YWR was Karen Denison.

Twenty-four years later, they met up again at the 2023 LWML Convention in Milwaukee WI.

~ ~ ~ Serve the Lord with Gladness ~ ~ ~

Lutheran World Relief pickup will be October 21, 2023 at Cedar Rapids and Des Moines from 8:30 a.m. until noon. At Decorah, it will be Nov. 4, 2023 from 7:30 a.m. until 10:30 a.m.
If any questions, please call Dori Stanek 319-558-9773.

ZONE NEWS

- On July 12th, thirty LWML **Eldora Zone** ladies gathered for a fabulous night of fun and fellowship. The ladies enjoyed hearing about the Milwaukee Convention from YWR, Clarissa Spiels and participated in a



servant event for Orphan Grain Train. They rolled 286 pairs of underwear for feminine hygiene kits and donated 72 bars of soap, 88 washcloths, and over 300 pairs of underwear! The



Eldora Zone Fall Rally will be on October 14th at St. Paul's Lutheran Church in Eldora. The speaker will be from Lutheran Family Services.

- Twelve people from the **Marshalltown Zone** attended the LWML Convention in Milwaukee. The Zone Fall Rally will be held at St. John Lutheran in Oskaloosa on October 7th. The theme is "Living in Joy", the speaker will be from Lutheran Family Service, and the presentation will be on adoption. Reverend Provost from Our Savior Lutheran in Newton took a call to North Dakota. Reverend Robert Ricard from Trinity-State Center is the new Zone Pastoral Counselor.
- Several ladies from the **St. Ansgar Zone** attended the convention in June. The fall rally is tentatively set for Oct. 14 at Trinity, Osage.
- The **Westgate Zone** Fall Rally 2023 will be held on Saturday, September 23 at Immanuel-Klinger. Details will be coming.

SOCIETY NEWS

- On June 28, 2023, **Immanuel's Mission Club, Davenport IA**, hosted guest speaker Aletha Voges, a pastor's wife and Christian author, who spoke on "Plant a Seed - Tell the Next Generation".

A light luncheon followed.



- Trinity Lutheran Church, Lowden** - In April 2023, our Ladies Aid members along with the Jr. Youth Bell children assembled 47 hygiene kits for the Orphan Grain Train. All supplies were donated from members of our congregation and with using a Thrivent action team card. The kits were delivered to Marshalltown, Iowa for distribution. A fun time was had by all participants.



DISTRICT OFFICERS AND COUNSELORS

President - Martha Hartwig
president@lwml-ied.org

Pastoral Counselors -
Rev Christopher Roepke - concordiabl1@yahoo.com
Rev Jon Ellingworth - pastorellingworth@gmail.com

VP of Christian Life - Elizabeth Roberts
vpchristianlife@lwml-ied.org

VP of Communication - Helen Huedepohl
vpcommunications@lwml-ied.org

VP of Gospel Outreach - Jeanette Kreutner
vpgospeloutreach@lwml-ied.org

VP of Human Care - Angie Banko
vphumancare@lwml-ied.org

VP of Organizational Resources -
Carolyn Zimmerman
carolyn.zimmerman@live.com

Recording Secretary - Sheryl Zinda
secretary@lwml-ied.org

Treasurer - Becky Gluesing
treasurer@lwml-ied.org

Financial Secretary - Jennifer Determan
financialsecretary@lwml-ied.org

APPOINTED OFFICES

Archivist/Historian - Diane Paulson

Co-Chairs - IED 2024 Convention -
Carol Meyer & Nancy Maurer

Convention Manager - Cheryl Killman

District Registrar - Margaret Kistler

Heart to Heart Coord. - Vacant

Meeting Manager - Bonnie Thompson

Member Development Chairman -
Karen Boehme

**New Church Worker Welcoming
Committee Chair** - Liz Roberts

Parliamentarian - Judy Westergren

Short-Term Mission Coord. - Vacant

Speakers Bureau Coordinator -
Linda Allen

Structure Committee Chair -
Carolyn Zimmerman

World Relief Coordinator -
Dori Stanek

ZONE PRESIDENTS

Benton Zone	Vicki Gardemann
Cedar Rapids Zone	Ginny Boyer
Clinton Zone	Patti Christiansen
Davenport Zone	Tammy McKay
Dubuque Zone	Margaret Kistler
Eldora Zone	Joy Reinert
Marshalltown Zone	Tammi Christensen
Mt Pleasant Zone	Becky Ernst
St Ansgar Zone	Darlene Bodermann
Waterloo Zone	Kolleen Hosford & Nancy McHone
Westgate Zone	Dea. Faith Swenson
Williamsburg Zone	Jo Johnson

*Serve the
Lord
with
Gladness,
Amen!*