

Alive
in Iowa East District



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Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life" (John 8:12.)



He Prayed *with* Them



Acts 20:36b

*The 2021 LWML Prayer Service, **He Prayed with Them!**
Authored by The Rev. Robert L. Mundahl, Emeritus LWML
Pastoral Counselor 2015-2019. Find more details on page 9.*

IOWA EAST LWML NEWS

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NEWS DEADLINE: April 15, 2021

SEND ITEMS TO:

Newsletter Editor: Hilary Brech

PRESIDENT'S CORNER

On December 22, I happened to walk past the doorway to my living room and noticed a soft glow from the east window. It was 7:00 a.m. and the sun was beginning to rise. Over the course of the next ten minutes I stood mesmerized by the beauty that was unfolding. It was truly one of God's great wonders. A narrow band of clear sky between the blackness of the horizon and the night-like sky caused by the heavy cloud cover started out as a bright yellow, then turned to radiant red. As the sun rose, the sky turned into a mixture of red, orange, and yellow – reminding me of pictures of great forest fires. When the sun peeked over the horizon, its reflection on the heavy cloud cover was a beautiful combination of gray, pink, and lavender. Within a very short time, the sun was illuminating the landscape between my window and the horizon and day had arrived. Visit <http://lwml-ied.org/> to view images that I took.



I am a very visual person. When I read or listen to the radio, I “see” in my mind what I am reading or hearing. The scene that had unfolded that morning is now what I “see” when I hear and read about all of the people our missionaries are reaching and bringing to Christ – when these new Christians learn that “Jesus is the Light of the World.” A whole new life, a whole new light unfolds before them. I imagine this picture of light enveloping them as they understand what our Lord did for them on the cross and how He continues to be with them until He takes them home to heaven. I imagine how this Light changes their lives as they hear and understand these words from John 8: 12, *Again Jesus spoke to them, saying, “I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.”* All praise goes to God for the Lutheran Women's Missionary League's part in spreading the Gospel and that Light to all corners of the world.

There are 21 Mission Grants on the list of grants LWML is funding for the 2019-2021 biennium. You can find their stories at www.lwml.org. Click on **Missions** and then **Your Mite Offerings Have Made an Impact**. There you will find the stories relating to these grants. As of November 30, 2020, only \$345,455.23 was still needed to meet our \$2,100,000 goal

President's Corner Cont...

for the current biennium, which ends March 31, 2021.

Right here in Iowa East, our new Mission Grant goal of \$105,000 has already paid out \$25,000. That's close to a fourth of our goal already. Praise be to God for your generous giving to these worthy causes.

Margaret Kistler
LWML IED President

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COUNSELOR'S CORNER

I am writing on the suggested theme. *Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life"* (John 8:12.) The physical aspect of darkness we all understand, especially if you have gone on a cave tour where the lights have been turned off for you to experience total darkness.



What we have trouble understanding is the darkness of human nature. We all want to think people are basically good. We need to remember what the Bible teaches. *All have sinned and fall short of the glory of God* (Romans 3:23). We are born sinners under the judgment of God.

This darkness is being played out in the society by which we are surrounded. Many are now living and promoting a lifestyle that is contrary to the will of God. The lifestyle of homosexuality, or transgenderism and of couples living together without the benefit of marriage etc. A list, if we continued, would be endless.

What is sad is that those who promote and live these lifestyles, all proclaim it makes them happy, content and gives them a fulfilled life.

Yet as God's people you know this is not true. God's word has convicted each of us of sin. You have felt its terrors and have feared the punishment of God. Yet in this terror and fear you do not live. You have been made a believer in Jesus by the Holy Spirit working through the Gospel and the Sacrament of Holy Baptism. You were made a follower of Jesus. He is your Lord and savior in the

times of sadness and fear and in times of joy and confidence. You have the light of life, Jesus, guiding you through this world of sin to heaven.

This is important as many who are now confidently living a lifestyle contrary to the will of God, will come to a time when they will find life disintegrate into a proverbial flame of hell. When this happens you and I can reach out with the Gospel. Giving them the message of the cross that Jesus bore their sins and in his forgiveness they, as you, have a new life in Jesus, a life of salvation. As part of the LWML you reach out to those who need the healing words of Jesus. For the mission is to share the Gospel so that all who follow Jesus have the light of life, Jesus Himself as their Savior.

Pastor Koepke
LWML Iowa East District
Pastoral Counselor

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VP OF CHRISTIAN LIFE

My family and I enjoy camping and spend many summer weekends relaxing in quiet – and usually dark – campgrounds. A necessity when camping is a flashlight. It never ceases to amaze me how that little beam of light can shine bright enough to mark the walking path, even when surrounded by utter darkness all around.



Jesus is the same sort of Light. He is the beam that shines on our path of life, even with the utter darkness of the world surrounding us. His Word gives us light (Psalm 119:105), because He is the light of the world (John 8:12a). Even the darkness of death and despair cannot overcome the Light of Jesus (John 1:5).

Because we are followers of Jesus, we are not left in the darkness, and we must not dwell in the mire of death or despair, but rejoice in the light – the Light that gives us eternal life. We are beacons of light, sharing the Gospel message of Jesus' forgiveness for our eternal life. We share this in our words and in our actions. We share it through our prayers for our friends and neighbors, and through gifts of time and donations.

Christian Life Cont...

Another way we – through the Lutheran Women’s Missionary League – share the Gospel is through our Mission Grants. Soon, the national LWML 2019-2021 biennium will come to an end (March 31) and God-willing, we will have reached our \$2.1 million goal, supporting 21 Mission Grants. Details of these grants can be found at the LWML website (<https://www.lwml.org/mission-grants>). At the convention in Lexington in June, more grants will be presented and selected to receive funding for the 2021-2023 biennium. There are a number of resources to keep you informed of the mission grant goal and mission grant recipients. Bulletin inserts, bulletin ‘bytes,’ Mission Grant posters, stories, and prayers are all posted on the LWML website (<https://www.lwml.org/mission-grant-resources>). I would encourage you to share these within your LWML groups, as well as your congregations and friends.

Currently in Iowa East District, we are collecting mites toward our 2020-2022 mission goal of \$105,000 that will fund 14 mission grants. Details about these grant recipients can be found at <http://lwml-ied.org/mission-grants-3/>

Becky Wehrspann
VP of Christian Life

VP of Communications

Currently our LWML IED Communication Team consists of Webmaster, Alive Editor, Archivist/Historian, G Suite Administrator, and myself. It is amazing to see how many different ways our sisters can reflect God’s light in serving Him with gladness.



Jeanette Kreutner, Webmaster for lwml-ied.org, gets paid to work with computers by day and uses her knowledge and skills to manage our website in her “spare time.” Jeanette and her husband of 37 years have three adult sons and six grandchildren. She is also active in her church group and is president of the Dubuque Zone.

Hannah Raebel eagerly said yes to a request to set up and administer a free Google program called G Suite. We look forward to more efficient communication methods as she develops this program. Hannah is a

Residential Officer for a Community Based Correctional Facility and has a blue belt in Brazilian Jiu-Jitsu. Her favorite quote is an excellent bases for her career. “Remember, you do not ever look into the eyes of someone whom God does not love.” Lewis Carroll.

Diane Paulson, Archivist/Historian, moved from Southern Minnesota when she married Jim in 2010. She has three children, six grandchildren, and two great grandchildren. Diane’s hobbies of sewing, knitting, crocheting, counted cross stitch, and reading demonstrate why she is such a good fit for this position. She naturally attends to detail. Diane previously served IED as Recording Secretary. *“I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.”* (John 15:5) is Diane’s favorite verse.

Hilary Brech, *Alive* Editor, depends upon God’s promise in Matthew 28:20b, *“And behold, I am with you always, to the end of the age”* as she enjoys her role as wife and stay-at-home mother of children ages three and one. Not only is Hilary invaluable as our editor, but she is also LWML IED Meeting Manager and assists at her church with a variety of activities.

Would you like to join our team? We can offer a golden opportunity to reflect Christ’s light as assistant to the *Alive* editor. Under Hilary’s guidance you would learn how to coordinate submissions for the *Alive* and submit to the printer. This could lead to even greater joy as next year’s editor. Contact your zone president or me to take advantage of FREE training and priceless pay!

Helen Huedepahl
VP of Communication

VP of Human CARE

Jesus said, “I am the light of the world.” Lately I have been hearing the word light used in the sense of the light at the end of the tunnel. The tunnel being the covid pandemic. Vaccines have been developed and people across the country are beginning to get vaccinated. It will be awhile yet before all people who wish to be vaccinated can be and so we need to continue to take care of



Human Care Cont...

ourselves both physically and spiritually.

It is not wrong for us to take care of ourselves. Jesus took care of himself. After all he ate, he slept, and he exercised since walking was a main mode of transportation back then. More importantly he took time out for quiet time with God the Father, prayed, gave thanks, and attended the synagogue.

We can all take a lesson from Jesus. Most importantly we need to take care of ourselves spiritually by daily being in the word. We need to hear God's word and receive his sacraments. We need to keep ourselves and others in prayer. These things will keep us focused on Jesus as the light of the world. We cannot neglect our physical needs at this time either. A healthy diet, exercise, plenty of sleep, and putting some fun into our lives can help us until we get to the end of this covid tunnel as well.

Angie Banko
VP of Human Care

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SPEAKERS BUREAU COORDINATOR

Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life" (John 8:12.) Praising God that we have the light of Jesus to shine in our lives at this time. To en"light"en a meeting, rally, or event look to the Iowa East Speakers Bureau list of topics and speakers. This is available on the district website or contact me at liz223grace@gmail.com to get information to you. Do you know of a good speaker? Submit their name and contact information so we can get them approved.

Liz Roberts
Speakers Bureau Coordinator

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TREASURER

Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life" (John 8:12.)



As I reflect on this verse, I wonder what I can do to help spread the light of Jesus. Our world

Treasurer Cont...

seems to be in such turmoil that the task looks insurmountable. But upon further reflection, I remember that multiple times in Holy Scripture it is stated that all things are possible with God's help. One such reference is Matthew 19:26, *But Jesus looked at them and said, "With man this is impossible, but with God all things are possible"*. On my own I cannot be the light the world needs, but I can reflect the light that is the word of God. And I need not do it on my own, the responsibility is shared by all the brothers and sisters in Christ. Which reminded me of something George H.W. Bush referred to, in both his acceptance of the presidential nomination speech and his inaugural address, where he compared the multitude of volunteer organizations to 1,000 points of light that are a brilliant diversity that spreads like the stars, like a thousand points of light. No single light can dispel the darkness, but when joined together we can bring the reflected light of God into the world. Our mite offerings are another example of how big things can be accomplished when we all work together. Included below is how we are doing with our income and expenditures.

**2020 – 2022 Budget
(4/1/2020 – 3/31/2022)**

| | |
|--------------|---------------------|
| Outreach | \$188,260.00 |
| Inreach | \$18,125.00 |
| Total | \$206,385.00 |

**Actual Income/Expenditures
(4/1/2020 – 12/31/2020)**

| | |
|--------|---------------|
| Income | \$46,582.58 |
| | 24% of budget |

Expenditures

| | |
|---------|---------------|
| Inreach | \$3,085.50 |
| | 17% of budget |

| | |
|----------|---------------|
| Outreach | \$47,180.65 |
| | 25% of budget |

| | |
|--------------|--------------------|
| Total | \$50,266.15 |
| | 24.0% of Budget |

Mission Grants (4/1/2020 – 3/31/2022)

| | |
|-----------|-----------|
| Approved | \$105,000 |
| Dispersed | \$25,000 |

Becky Gluesing
Treasurer

FINANCIAL SECRETARY REPORT

The report below shows all memorials and special gifts from July 1 to December 31, 2020. Memorials and special gifts donations go towards mites unless otherwise specified by the donor.



Send your checks to:

Marna Mohr
2119 G Ave
Marengo, IA 52301
319-330-4685

Thank you for sending in your memorials & special gift donations!

Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life" (John 8:12.)

Marna Mohr
Financial Secretary

LWML IOWA EAST DISTRICT MEMORIAL RECORD July 1, 2020 to December 31, 2020

| IN MEMORY OF | DONOR |
|-------------------------|--------------------------------------|
| Shirley Deetz..... | Cedar Rapids, Bethany Women's Guild |
| Shirley McMenemy..... | Williamsburg, Immanuel Ladies Aid |
| Laverne Walters..... | Williamsburg, Immanuel Ladies Aid |
| Pauline Bielow..... | Deanna Acord |
| Herman Lenaburg..... | Loretta Vogt |
| Joyce Lortz..... | Williamsburg, St Paul's Women's Guid |
| Joyce Lortz..... | Harlan & Joan Heitman |
| Joyce Lortz..... | Lavonne Sandersfeld |
| Joyce Lortz..... | Larry & Helen Huedepohl |
| Pastor Donald Lutz..... | Larry & Helen Huedepohl |
| Pastor Donald Lutz..... | Homestead, St John's Ladies Aid |
| Don Oehl..... | Homestead, St John's Ladies Aid |
| Dale Baack..... | Homestead, St John's Ladies Aid |
| Arlene Taschner..... | Keystone, St John's Dorcas Guild |
| Florence Wesely..... | Mt Pleasant, Faith LWML |
| Arlene Taschner..... | Luella Scott |
| Elaine Hegarty..... | Luella Scott |
| Joyce Lortz..... | Connie Baack |
| Betty Finley..... | Williamsburg, Immanuel Ladies Aid |
| Cora Lee Thielen..... | Chuck & Sharon Akers |
| Helen Jorgensen..... | Chuck & Sharon Akers |
| Arlene Taschner..... | Loretta Vogt |
| Helen Jorgensen..... | Evonne Plagge |
| Margaret McCombs..... | Cedar Falls, Immanuel Dorcas Society |
| Shirley Whitbeck..... | Davenport, Trinity LWML |
| Margaret Duling..... | Davenport, Trinity LWML |
| David Walther..... | Davenport, Trinity LWML |

| | |
|----------------------------|---------------------------------------|
| Helen Jorgensen..... | Hampton, Trinity Ladies Society |
| Norma Westphal | Iowa City, Our Redeemer LWML |
| Lucille Block | Westgate, St Peter LWML |
| Howard Linn..... | Hubbard, St John's Mission Circle |
| Kathy Dittmer | Iowa Falls, Immanuel Ladies Aid |
| William Schmidt..... | Iowa Falls, Immanuel Ladies Aid |
| Darly Picht..... | Waverly, St John's Dorcas Society |
| Donald Koehn | Waverly, St John's Dorcas Society |
| Gordon Franck..... | Waverly, St John's Dorcas Society |
| Romane Krueger..... | Waverly, St John's Dorcas Society |
| Mac Snyder | Waverly, St John's Dorcas Society |
| Glen Dellamuth | Williamsburg, St Paul's Women's Guild |
| Maxine Warenburg | Williamsburg, St Paul's Women's Guild |
| Lois Doehrmann | Williamsburg, St Paul's Women's Guild |
| Sherlyn Tobin..... | Williamsburg, St Paul's Women's Guild |
| Arlene Taschner..... | Frances Magdefrau |
| Mary Wilson | Dan Wilson |
| Pam Taube..... | Chariton, Trinity LWML |
| Dorothy Doehrmann..... | Iowa City, Our Redeemer LWML |
| Dorothy Furler..... | Estate of Dorothy Furler |
| Gertrude Mullenbruck | Evonne Plagge |
| Verl Duncan..... | Hubbard, St John's Mission Circle |
| Arlene Bauer | Hubbard, St John's Mission Circle |
| Louie Sandersfeld | Williamsburg, Immanuel Ladies Aid |
| Helen Spitzack | Helen Huedepohl |
| Janice Schirm | Shirley Meyer |
| Dolores Hunemuller | Cedar Falls, Immanuel Dorcas Society |
| Sandra Ellis | Lowden, Trinity Ladies Aid |
| Sandra Ellis | Evonne Plagge |
| Betty Keiper | Laverne Walters |
| Darlene Read..... | Janis Hinrichs |
| Virginia Neumann | Janis Hinrichs |
| Wilma Neumann..... | Janis Hinrichs |
| Howad Linn | Iowa Falls, Immanuel Ladies Aid |
| Carol Warschkow | Iowa Falls, Immanuel Ladies Aid |
| Lloyd Barhite..... | Iowa Falls, Immanuel Ladies Aid |
| Thelma Anderson | Iowa Falls, Immanuel Ladies Aid |

SPECIAL OCCASIONS REMEMBERED

| SPECIAL OCCASION | DONOR |
|--|---------------------------|
| Baptism of Addison Carter | Heidi Iltis |
| Baptism of Adah Brazeal | Heidi Iltis |
| 50th Anniversary of Allan & Luanne Heitshusen..... | Allan & Luanne Heitshusen |

TOTAL MEMORIAL MONEY RECEIVED: \$1556.00

Invitation to 2021 Fall Retreat

The women of the Clinton Zone LWML invite you to join us for the Fall Retreat at Camp Io-Dis-E-Ca on September 10th & 11th. There will be fun, fellowship, and growth in God's word with our sisters in Christ.

Theme: Jesus My Solid Rock | **Theme**

Verse: Psalm 62:6

Bible Studies led by: Michelle Diercks, Grace, DeWitt

Items to bring: Bibles, flashlight, bedding/towels, essentials and a snack to share

In-Gathering (donation items) for Camp Io-Dis-E-Ca: Napkins, paper towels, toilet paper, 13 gallon trash bags, cleaning supplies, copy paper, postage stamps

Servant Activity: Cards for Troops - please bring any cards you would like to donate.

We will be donating unsigned cards to troops for future use. We will be signing Christmas cards that will be sent to the troops by Clinton Community College.

Schedule: The Friday and Saturday times and schedules are still being revised.

More information and the registration form will be in the summer *Alive*.



We are planning a Lutheran World Relief pickup on April 17, 2021 in Cedar Rapids from 8:30 a.m. until noon. There will be no Ankeny pick up this spring. Lutheran World Relief will not accept fleece blankets or bulk soap.

Call Dori Stanek with any questions at 319-558-9773.

RUNNING TO LEXINGTON — Now is the time to make plans to attend the 39th Biennial LWML Convention in Lexington, Kentucky, June 24–27, 2021! Join your LWML sisters who are “Running the Race ... Looking to Jesus,” the convention theme based on Hebrews 12:1–2. Attendees will be inspired by the convention goal, “Looking to Jesus, we run the race set before us and proclaim the joy of the Lord.”

LET'S TAKE THE IED LWML CHARTER BUS -- social distancing measures will be observed--

Tuesday, June 22 - depart Iowa to overnight Indianapolis

Wednesday, June 23 - depart Indianapolis, visit The Ark Encounter, arrive at Lexington

Thursday, June 24-27 - Convention

Sunday, June 27 - depart Lexington, visit Creation Museum, overnight in Indianapolis

Monday, June 27 return to Iowa

Contact Karen Boehme 319-239-3463 or boehmekj@msn.com

Please reference the *Lutheran Woman's Quarterly* insert for full convention information or visit <https://www.lwml.org/2021-convention>. There is information available about registration, convention happenings, hotels, ordering a convention shirt, servant activities, Gifts from the Heart, pre and post convention tours and much more! Masks are welcomed and we will follow local Covid guidelines during the time of convention. Space is available to promote appropriate social distancing. If you are unable to attend you can watch it live on the website listed above. **One important change from previously printed information is that the early discounted registration end date has been pushed back to April 14.** Registrations must be postmarked by April 14 to receive the early discounted registration.



Contact Hilary Brech, Meeting Manager if you are interested in purchasing the Iowa East District badge for \$1. Many women like to wear these badges while at convention to show which district they are from.

PRAYER SERVICE

When was the last time you prayed with someone? Not **for** someone, but **with** someone? We are encouraged in Scripture to be people of prayer and prayer marks us as children of the heavenly Father. He has promised to hear us and to answer our prayers. The 2021 Prayer Service will encourage and expand your life of prayer to include praying **with** others.

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you (1 Thessalonians 5:16-18).

Visit <https://www.lwml.org/prayer-service> for the resources for this prayer service.



Society & Zone News



Tying a quilt for Lutheran World Relief at the Williamsburg Zone Fall Gathering.



Assembling 51 health kits for Lutheran World Relief at the Williamsburg Zone Fall Gathering.



Society & Zone News



Installation of officers for the LWML Benton Zone. Pictured are (from L to R), Vicki Gardemann (President), Pastor David Lingard (Benton Zone pastoral counselor), Loretta Vogt (Treasurer).



WESTGATE ZONE NEWS

We extend a cordial invitation to all the ladies of the Iowa East District to join us on April 17, 2021 at St. Paul's Lutheran Church, 612 W 3rd St, Sumner, IA 50674. The St. John's/ St. Paul's Ladies Society will be hosting the Westgate Zone Rally in the morning. Rev. Jon Ellingworth from St. John's Lutheran Church, Waverly will present on his trip to Israel in 2019. Come and join your sisters in Christ to see and hear about places we read about in the Bible! Please RSVP if you plan to attend to President Carol Mutschler, 319-269-8714 or volkcara@yahoo.com.

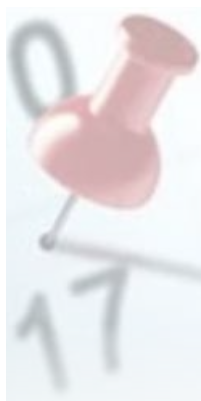
At this time, the Westgate Zone does not have the office of President or Vice President filled. Our secretary is Brenda Boyce. Vera Hoins is our treasurer. Please remember us in your prayers along with all the zones of the IED. Thank you!





Spring Zone Gatherings

| Zone | Date | Church | City |
|--------------|-------------------------|-----------------------------------|--------------|
| Benton | 05/22/21 | First Lutheran | Belle Plaine |
| Cedar Rapids | 6/5/21 | Bethany | Cedar Rapids |
| Clinton | 4/10/21 | Grace | DeWitt |
| Davenport | 4/17/21 | Immanuel | Davenport |
| Dubuque | No in person gathering. | Mission Grant to be supported. | |
| Eldora | No in person gathering. | Alternate idea planning underway. | |
| Marshalltown | No in person gathering. | Bible Study will be available. | |
| Mt Pleasant | 5/22/21 | Crapo Park Pavilion | Burlington |
| St Ansgar | 4/17/21 | St. Peter | Elma |
| Waterloo | 04/17/21 | Peace | Shell Rock |
| Westgate | 04/17/21 | St. Paul's | Sumner |
| Williamsburg | 4/24/21 | St. John's | Marengo |



UPCOMING EVENTS

April 14, 2021

Last day to receive early discounted registration

April 17, 2021

Lutheran World Relief Spring Pick Up

May 1, 2021

Application Deadline for Student Aid

June 24-27, 2021

LWML 39th Biennial Convention in Lexington, Kentucky

September 10-11, 2021

Fall Retreat

June 10-11, 2022

IED LWML Convention at Hilton Garden Inn, Cedar Falls



He Prayed *with* Them



Acts 20:36b

ZONE PRESIDENTS

BENTON ZONE

Elaine Haren

CEDAR RAPIDS ZONE

Carolyn Zimmerman

CLINTON ZONE

Sheryl Zinda

DAVENPORT ZONE

Tammy McKay

DUBUQUE ZONE

Jeanette Kreutner

ELDORA ZONE

Linda Allan

MARSHALLTOWN ZONE

Pam Haase

MOUNT PLEASANT ZONE

DeEtta Rasmussen

ST. ANSGAR ZONE

Darlene Bodermann

WATERLOO ZONE

Judith Fink

WESTGATE ZONE

Nancy Maurer

WILLIAMSBURG ZONE

Liz Roberts

NEWS DEADLINE: April 15, 2021 — SEND ITEMS TO:

Newsletter Editor: Hilary Brech