

Alive
in Iowa East District



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Missouri Synod

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Lutheran Women in Mission **LWML SUNDAY 2016**



*LWML Sunday is traditionally
celebrated the first Sunday in October,
but you can celebrate anytime!*

For more information and free resources,
visit www.lwml.org/lwml-sunday

IOWA EAST LWML NEWS

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NEWS DEADLINE: October 15, 2016

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Following God's Plan



At our 38th annual convention this past June, by vote we elected new officers, updated our bylaws and selected new mission grants to support for the 2016-2018 biennium. Are we up to the challenge of supporting a total mission goal of \$205,000? Can we do it? Yes! If we continue to rely on God's direction for our wonderful organization, the LWML of Iowa East District.

Along the way some LWML questions might arise! Who is in charge here, anyway? When Jesus came to visit Mary, Martha and Lazarus, Martha felt she got stuck with all of the hosting chores. She approached Jesus, hoping for some practical guidance or help. Jesus responded by letting Martha know that Mary was the one who had her priorities in the correct order. We need to keep God at the head of our plans.

How are we ever going to get this project completed? Somehow, it always works out, when we set our goals and purpose according to God's plan and not set them to our plan. People volunteer in the most awesome ways through the LWML!

What will we ever do if things don't work out? How will we move forward? When will we meet again? Etc., etc., etc.

When we think about the questions that can come up in our Societies or Zones that sometimes stump us, we need to look at what God's word is telling us through our daily devotions, Bible studies and Sunday Worship Service.

As we go forward in this new biennium, we may need to take some time to process what we are accomplishing by being a member of the LWML. What are the expectations that you have of LWML? What are the expectations that LWML can have from you? As a member of an LCMS congregation, you get to be a member of this amazing sisterhood and participate in spreading the gospel throughout the world. Come celebrate with your sisters in Christ at your fall rally or at the fall retreat or by going to a society meeting. What a great opportunity to celebrate the LWML.

God has a plan for each of us according to His purpose. Let's open our eyes, ears and heart to hear what the Lord has in store for us!

Psalms 46:10. "Be still, and know that I am God."

Joan Berquist
LWML IED President

Counselor's Corner

St. Paul tirelessly preached the Good News of Jesus Christ to the Gentile world and is considered THE greatest missionary of the Christian church. He was not without critics. When this teaching was challenged by them, St. Paul, inspired by the Holy Spirit answered, "My conscience is clear but that does not make me innocent. It is the Lord who judges me." And "For I have desire to do what is good but I cannot carry it out" (Romans 7:18b).

Having been a pastor 40 years, an Air Force Chaplain for 26, and now a LWML counselor, I can relate to St. Paul's problems. It brings to mind a story told about Dr. Nickel - former LCMS vice president. As his father lay dying, he voiced his doubts about his ministry. Dr. Nickel tried to reassure him by telling him, "Dad, I know you were a good pastor - your people appreciated your service." But his father still looked worried. Then Dr. Nickel said, "All of a sudden it dawned on me: I was comforting my father with the comfortless law." So he said, "Father, now you too can trust in the same forgiveness of Christ that you preached all these years." Hearing this, he smiled in relief.

In the communion service, the pastor asks, "Will you henceforth amend your sinful life?" Some have objected to its inclusion as they feel the sinner has suffered enough without being reminded of his or her sins. But we dare not forget that in sickness or health our greatest comfort is the forgiveness of our sins and the strength it gives us to endure and to serve in all conditions. When Dr. Luther was on his deathbed, his friends asked him if he believed in Christ's forgiveness and he gladly and firmly answered, "Yes!"

As we daily live out our lives of faith in Christ's church may we boldly proclaim with St. Paul, "For I am determined not to know anything among you, except Jesus Christ and Him crucified." (1 Corinthians 2:2).

As members of the LWML, let us grow in our appreciation of our mission, chosen by God to proclaim the forgiveness of sins won by our Savior on the Cross.

Pastor Randy McHone
Pastoral Counselor



Organizational Resources

Greetings from your Sister in Christ! I am Janell Wollschlager and I was humbled to be elected the new Vice President of Organizational Resources at the LWML IED convention in June.

Steven is my husband and we have two sons, Jordan, a senior, and Cam, a freshman. Both will attend school at West Central Community School in Maynard this fall.

We moved to the Westgate area five years ago from Jamestown, ND. I work for a contracted food service company called ARAMARK, and am currently the food service director at Upper Iowa University in Fayette, IA.

The proposed changes to the IED Bylaws were passed at the IED convention. They have been printed and were distributed at the Board of Directors meeting in August. The Zone President received a copy of the bylaws for each society. The IED Bylaws can also be found on the IED website.

Bylaws are a living, breathing document that we use as guidelines in conducting business and need to be reviewed to reflect current practices within our organizations. Please take a few minutes to review the IED Bylaws and your Zone Bylaws to understand the way our organization operates.

I look forward to serving you in this new position with God's guidance.

God's Blessing,

Janell Wollschlager
VP of Organizational Resources



Heart to Heart Sisters

At the 2015 Des Moines LWML Convention I joined the ranks of the Heart to Heart sisters from all over the United States. I was blessed to gain 27 new sisters. We laughed, learned about each other and took tons of pictures!!

I was looking at the pictures the other day. One especially caught my eye: five of us were in goofy hats in a 'framed picture'. Written on the frame were the words "the courage to encourage". What great words to apply to the Iowa East District Heart to Heart program!

Continued on bottom of page 5.

LWML IED

Mission Grants

2016 - 2018 Biennium



At the Oskaloosa convention in June the voting assembly approved a \$205,000.00 Mission Goal. Of that, \$95,735.00 will be used to support Mission Grants in our District and around the world. The voting assembly selected the following Grants to be supported during the 2016-2018 biennium:

1. Concordia Undergraduate Student Aid - \$15,000
2. Concordia Seminary Student Aid - \$10,000
3. Concordia Graduate Deacon/Deaconess Student Aid - \$5,000
4. Lutheran Hour Ministries, "Reaching Rahab-Outreach Ministry to At-Risk Young Women in Kenya"- \$5,000
5. LCMS Missions, "Veterans of the Cross" - \$2,500
6. LCMS Missions, "Mercy Medical Team - Chaplin Scholarships" - \$4,000
7. LCMS Missionary Rev. Duane Meissner, "Bringing Christ to Belize" - \$10,000
8. Lutheran Immigration & Refugee Service, "Detention Ministry: Sharing the love of Christ to detained immigrants" - \$5,000
9. Concordia Editorial, "Spanish Edition of A Chocolate Life Women's Devotional" - \$9,735
10. Concordia Gospel Outreach, "Churches to Children Outreach Project" - \$7,500
11. Trinity/Hope, "Haitian Feeding Program" - \$5,000
12. Lutheran Indian Ministries, "Equipping Native Americans to Proclaim God's Might" - \$7,000
13. CLEF, "CLEF - E Reader Project" - \$5,000
14. Higher Things, "Providing Special Needs Items for Higher Things Youth Conference" - \$5,000

This goal can only be met though your mighty mites. Don't miss your fall zone rally as many of the zones will hear from one of our short term mission participants. Hear first-hand how our mission grants help those in need. We have seven students this fall receiving student aid. If these young

adults are a member of your congregation, be sure to greet them and encourage them. Let them know they are in our prayers as they continue to follow our Lord's calling. If you know of someone who is attending the graduate deacon/deaconess studies please inform them that there are some grant dollars available to them. As this is a new grant, the enrollment will remain open through August.

Cindy Kefoot

Vice President of Gospel Outreach

Human Care



I would like to share a short introduction as your newly elected Vice President of Human Care. My name is Jill Fraser. I live in Buckeye, Iowa, with my husband, Don and attend St. Paul's Lutheran Church in Alden. As I take on this position in LWML IED I find it to be somewhat overwhelming. I ask for your prayers, and I pray the Lord will guide me and help me fulfill my responsibilities in the way that is pleasing to Him.

Matthew 5:7 Blessed are those who show mercy. They will be treated mercifully.

In Gathering Items were collected for Orphan Grain Train at the 2016 District Convention in June. Mercy was definitely shown as 335 Hygiene Kits were donated along with:

- 64 packets of tissue 7 wash cloths
- 16 boxes of band aids 1 magic towel
- 77 bars of soap 2 school kits
- 61 tooth brushes 6 layette Kits
- 17 tooth paste 31 combs
- 5 deodorants 8 small bars of soap
- 1 small bag of clothes 32 Pillow Case Dresses
- 1 set of pillow cases
- 1 each small bottles of Bath Gel, conditioner, Shampoo and Mouth Wash
- 10 Books containing Bible Stories "He Lived among Us"
- \$285 for Orphan Grain Train

Psalm 100:2 Serve the Lord with gladness!

Jill Fraser

Vice President of Human Care

Christian Life

Can you recall the last time you told your children, your spouse, or even yourself to be still, hush, or be quiet? For me it would be my children, even though it was at least ten years ago, I still remember saying BE STILL when they were very little it was in the church pew on Sunday morning! God tells us in Psalm 46:10 "Be still and know that I am God." Would the words, "Be still and know that I am your mother" have had such an effect on our children as those words spoken by God to us? I think not.

In Mark 4:39, Jesus uses the words, "Peace be still!" You may recall that this was when Jesus and his disciples were out on a boat in the sea and a huge storm rolled in. Jesus was asleep and the disciples were afraid for their lives. They woke Jesus up to help. Jesus said, "Peace, Be Still!" The storms and the waves stopped immediately. Was this always the case when you told your children to be still, that they stopped immediately? I fear many times it took more than once before they quieted down.

What about ourselves? How often do we ask God for everything but we don't stop to listen, We don't know how to be still. Our lives are so hectic and busy that we can't see that God wants us to be still so that we can receive love, peace, guidance, and understanding. Next time we have fearful and anxious thoughts, or our children are being loud and noisy, or arguing with our spouses like a tempestuous storm, do as Jesus did by saying "Peace, be still," when it is strength and help you need, let go and rest in God, your strength and refuge, "Be still and know that I am God."

Vickie Klinkhammer
Vice President, Christian Life



Updating Zone and Society Record Forms

It was wonderful seeing old friends and getting to know new friends at the LWML IED Convention in June. I would like to thank you for electing me to the position of VP of Communication. I look forward to serving you in this role for the next four years.

Many of you are getting ready for your Zone and Society elections in the coming months. Please remember to complete your new Zone and Society Record Forms after your Rally and Society elections. The forms will be available from your Zone President as well as on the LWML IED website at <http://lwml-ied.org/societyresources/>. These forms are very important in three ways:

- 1. They provide the LWML IED Board of Directors with your contact information so we can keep you updated;
- 2. They are used to count members and societies; and
- 3. They are used to order and bill your Societies for the Quarterly magazines and Alive newsletters.

Between now and January 31st is the only time of the year you can decrease your Quarterly subscription numbers. Updated numbers are sent into the LWML office in the Spring and take effect with the Summer issue.

Please complete the forms and send them to your Zone President or to me (Cheryl Killham, 2630 6th St, Marion, IA 52302) as soon as possible after your elections.

Cheryl Killham
Vice President of Communication



Heart to Heart Sisters (continued)

While most of our LCMS congregations lack diversity and ethnicity, for those congregations so blessed the rest of us need to have "the courage to encourage". We can reach out in friendship when we see ethnic sisters. Something as simple as a friendly, warm "hello"; or "may I help you?" when you see someone struggling is a simple way to start. If we really look around, we will find

lots of opportunities to show we care and be involved. Be courageous in actions and encourage those reaching out if you can't. Heart to Heart sisters are everywhere waiting to be invited into our churches and lives.

Nancy McHone
Heart to Heart Sisters Coordinator

Financial Report

The report below shows all memorials and special gifts from January 1 to June 30, 2016. Memorials and special gift donations go towards mites unless otherwise specified by the donor.



to have a book instead of printing the online form, please contact me and I'll send you a book with the updated form.

How to find the form online:

- 1. Go to www.lwml-ied.org.
- 2. On the top navigation bar, click Resources > Zone & Society Resources.
- 3. Click LWML IED Remittance Blank (last entry on the page) to open the form.

Treasurers: The remittance blank form has been updated and can now be found online. You can still use the old form until your remittance book is used up. If you prefer

May the Lord bless you as you continue to serve Him!

Elizabeth Gehle
Financial Secretary

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LWML IOWA EAST DISTRICT MEMORIAL RECORD

JANUARY 1, 2016 - JUNE 30, 2016

IN MEMORY OF	DONOR
John Birks	Hubbard, St. John's Mission Circle
Luella Brockshus	Williamsburg, Immanuel Ladies Aid
Bobby Carlson	Lowden, Trinity Ladies Aid
Pearl Cooper	Clinton, Trinity Ladies Aid
Kathleen Davis	Marion, St. Paul's LWML (PAULSON)
Adele Dieterich	St. Ansgar, Immanuel Grace Circle
Dorene Doehrmann	Williamsburg, Immanuel Ladies Aid
Don Fetzer	Lynn Evans
Don Fetzer	Williamsburg, St. Paul Women's Guild
Ruth Gahring	Lynn Evans
Ruth Gahring	Williamsburg, St. Paul Women's Guild
Laurena Gorsh	Williamsburg, St. Paul Women's Guild
Ruth Grafft	Gary and Janis Hinrichs
Theresa Harms	Wellsburg, St. John's Ladies Aid
Eleanor Harms	Wellsburg, St. John's Ladies Aid
Edgar Heitshusen	Williamsburg, Immanuel Ladies Aid
Lillian Hopp	Lynn Evans
Lillian Hopp	Williamsburg, St. Paul Women's Guild

Ruth Huedepohl	Lynn Evans
Mildred Hulseberg	Lynn Evans
Mildred Hulseberg	Williamsburg, Immanuel Ladies Aid
William Hulseberg	Williamsburg, St. Paul Women's Guild
Steve Jacobson	Hubbard, St. John's Mission Circle
Irene Jass	Cedar Rapids, Bethany Women's Guild
Marjorie Jenson	LaVerne Walters
Ben Johnson	Manchester, Our Savior Mission Guild
Joyce Kehe	Readlyn, Klinger LWML
Lucille Kenning	Evonne Plagge
Joan Norton Kepler	Loretta Glandorf
Marcy Krug	Allan & Joyce Schanbacher
Millie Lange	Buckeye, St. Paul Ladies Aid
Darlene Maas	Homestead, St. John's Ladies Aid
Darlene Maas	Williamsburg, St. Paul Women's Guild
Marie Matheny	Shellsburg, Zion Ladies Guild
Elaine Matthias	Readlyn, Klinger LWML
Bessie Maurer	Manchester, Our Savior Mission Guild
Alma Meier	Hubbard, St. John's Mission Circle
Wesley Meyer	Chuck & Sharon Akers
Wesley Meyer	Hampton, Trinity Ladies Society
Kevin Milbrandt	Hampton, Trinity Ladies Society
Carol Miller	Clinton, Trinity Ladies Aid
Carol Miller	Clinton, Trinity Eventide Guild
Carol Miller	Alice Gardner
Carol Miller	Mildred Haack
Carol Miller	Luella Scott
Freddy Miranda	Williamsburg, Immanuel Ladies Aid
Arlon Nessa	Hubbard, St. John's Mission Circle
Helen Nidey	Williamsburg, St. Paul Women's Guild
Pat Sandersfeld O'Connell	Joan & Harlan Heitman

Brooke Pounds	Williamsburg, Immanuel Ladies Aid
Ruth Rempfer	Blairstown, Grace Ladies Aid
William Roemig	Williamsburg, Immanuel Ladies Aid
Delmar Schindler	Marengo, St. John's Ladies Aid
Lowell Schoer	Lynn Evans
Lucille Schultz	Luella Scott
Howard Uhl	Hampton, Trinity Ladies Society
Esther Uhrhammer	Hubbard, St. John's Mission Circle
Kaye Vanness	Evonne Plagge
Ruth Wahl	Lynn Evans
Ruth Wahl	Carolyn Schmidt
Ruth Wahl	Ruth Schuetz
Irene Weber	Denver, St. John's LWML
Lois White	Janis Hinrichs
Lloyd Wiebold	Lynn Evans
Lloyd Wiebold	Williamsburg, St. Paul Women's Guild
Leona Wille	Williamsburg, Immanuel Ladies Aid
Becky Wright	Chariton, Trinity Ladies' Aid
Becky Wright	Newton, Faith Society

SPECIAL OCCASIONS REMEMBERED

SPECIAL OCCASION	DONOR
Celebrate the blessing of 60 years of marriage	Joan Heitman
In honor of their society's 80th anniversary	Williamsburg, Immanuel Ladies Aid
Esto Jennings' 99th birthday	Allan & Joyce Schanbacher

TOTAL MEMORIAL MONEY RECEIVED:
\$1195.00

Fall Retreat - September 9-10, 2016

Camp Io-Dis-E-Ca

Fall Retreat is just around the corner. Are you excited to spend time in devotion and fellowship with your LWML Iowa East sisters in Christ?

Remember to Bring:

1. Bible
2. Gifts from the Heart - items to be given to Io-Dis-E-Ca: paper towels, toilet paper, laundry detergent (any brand), paper napkins, and postage stamps. NO office paper or cleaning supplies!
3. Non-refrigerated snacks to share
4. Bedding, towels, etc.

We'll be learning about our spiritual GPS - God's Plan for Salvation. Everyone Prepared - Everyone Saved! Theme verse: "Set your minds on things above, not on earthly things." Col. 3:2

For more detailed information, please visit the Fall Retreat section of the LWML Iowa East District website (www.lwml-ied.org).

We'll see you at Io-Dis-E-Ca!



Agenda

Friday, September 9

- 1:00 p.m.** Check-in begins (Friday only or both days)
- 2:00 p.m.** Servant Event, Hayride
- 5:30 p.m.** Opening and Camp Tours
- 6:00 p.m.** Supper
- 7:00 p.m.** Devotions/Vespers
- 7:30 p.m.** Break
- 7:45 p.m.** Bible Study
- 8:15 p.m.** Sandra Lingard's Brief Travel Summary
- 8:30 p.m.** Music
- 9:15 p.m.** Closing Devotions

Saturday, September 10

- 7:00 a.m.** Faith Walk
- 7:30 a.m.** Check-in (Saturday only)
- 8:00 a.m.** Breakfast
- 8:45 a.m.** Devotions
- 9:00 a.m.** Bible Study
- 9:45 a.m.** Break
- 10:00 a.m.** Featured Speaker: Martha Hartwig
- 11:00 a.m.** Activity
- 11:45 a.m.** Christian Growth
- 12:00 p.m.** Dinner
- 1:00 p.m.** Music
- 1:15 p.m.** Bible Study
- 2:00 p.m.** Devotions and Closing

LWML IED Convention Recap



Delegate orientation explained to delegates how the voting process should work.



Newly elected executive officers. Pastor Randolph McHone, Cheryl Killham, Janell Wollschlager, Jill Fraser, and Gretchen Rasmussen.



Keynote speaker, past LWML President, Janice Wendorf with LWML IED President, Joan Berquist.



Eldora Zone President, Sharon Mulford-Henson and Young Woman Representative, Kendra Voss carry their Zone's banner in the Opening Processional.



Past LWML Iowa East Presidents. Janice Johnston, Kathy Schweer, Judy Westergen, and Lynn Evans.

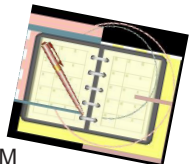
Mark Your Calendars

September 9-10 – LWML IED Fall Retreat

October 15 – Lutheran World Relief Pick Up

October 15 – Next Alive Newsletter Deadline

June 22-June 25, 2017 – LWML National Convention - Albuquerque, NM



Society

Trinity, Chariton

The LWML of Trinity Lutheran Church, Chariton, is delighted to announce that Molly Christensen, daughter of Dan and Tammi Christensen, has accepted a position to work as a career missionary in French Speaking Africa! Several years ago Molly heard Helene Kuempel speak about short term mercy medical trips at an LWML Rally at State Center. Once she learned about the experience Helene had, she wanted to go herself. By the time this newsletter is printed, Molly will be returning from her fourth Mercy Medical Trip. This fall she will be giving presentations throughout Iowa, explaining what she will be doing as a long term career Nurse/Missionary with the Lutheran Church Missouri Synod. When she has enough support, she will make her permanent residence in Africa. Please visit lcms.org/christensen to learn more. If you would like to have Molly speak at your church, with your LWML group, or bible study group please contact her via email: mchristensen289@gmail.com or phone: 641-774-5331.



Zone

Short Term Mission Trip to Kenya



Members of the Iowa East District embarked on the journey of a lifetime this summer as they traveled over 24-hours each way from Iowa to Nairobi, Kenya.

They had the honor of delivering an LWML Iowa East District Mission Grant for motorcycles.

Pictured to the left are Elizabeth Gehle, Robin Duling, Judy Westergren, Dori Stanek, Jackson Okoyo, Pastor Moses Okoyo, Sandra Lingard,

Evangelist, Wycliffe Okoyo, Lou Ann Perkins, Melanie Maddick, Anna Hagen and the motorcycles your grant dollars purchased.

If you'd like to see more pictures from their adventures, visit their Facebook Group by searching "LWML-IED Kenya 2016" in your Facebook search bar.

2016 Fall Zone Rally Fall Schedule

Zone	Date	Location	City	Start
Benton	September 29	First Lutheran	Belle Plaine	
Cedar Rapids	October 29	Our Redeemer	Iowa City	9 am
Clinton	October 8	Trinity LC	Clinton	
Davenport	October 22	Holy Cross	Davenport	9 am
Dubuque	October 1	St. Paul's	Delaware	8:30 am
Eldora	September 24	Immanuel	Iowa Falls	8:30 am
Marshalltown	October 22	St John LC	Melcher	9 am
Mt. Pleasant	October 8	Zion	Wilton	9 am
St. Ansgar	October 1	Trinity	Osage	9 am
Waterloo	October 8	St. John's	Denver	9 am
Westgate	October 8	St. Paul	Readlyn	8:30 am
Williamsburg	September 29	Hope Lutheran	Sigourney	11 am

ZONE PRESIDENTS

BENTON ZONE

Diane Rabe

CEDAR RAPIDS ZONE

Vickie Ozburn (Acting)

CLINTON ZONE

Alberta Martens

DAVENPORT ZONE

Marcia Reints

DUBUQUE ZONE

Denita Krause

ELDORA ZONE

Sharon Mulford-Henson

MARSHALLTOWN ZONE

Sandi Duncan

MOUNT PLEASANT ZONE

Angie Banko

ST. ANSGAR ZONE

Betty Borchardt

WATERLOO ZONE

Judith Fink

WESTGATE ZONE

Marlys Deterding

WILLIAMSBURG ZONE

Helen Huedepohl

NEWS DEADLINE: October 15, 2016 — SEND ITEMS TO:

Marie McNary mariemcnary@gmail.com